
Bread of Life, Spring 1999

**TO
BREAK
OR
NOT
TO
BREAK**

Every day they continued to meet together in the temple courts. They broke bread in their homes and ate together with glad and sincere hearts.

Acts 2:46

And he took bread, gave thanks and broke it, and gave it to them, saying, "This is my body given for you; do this in remembrance of me."

Luke 22:19

...and the disciples picked up twelve basketfuls of broken pieces of bread and fish. The number of the men who had eaten was five thousand.

Mark 6:43-44



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From the Editor

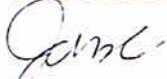
Bread of Life is once again in it's final stages. The challenging hours have ticked away, and I am finally about to embark on the printing process. In retrospect, it has been a rewarding experience as I get the first dibs on each of the articles, interviews, and such. It's amazing for me to see how God changes lives. Yeah, it's certainly easy to say that too often as a cliché. But the fact that God does change lives becomes especially real when you can see it happen, as I can, from the lives of the brothers and sisters in my class. And many of them will be able to walk away from Cornell, knowing full well how God has truly changed them. And I praise God for that.

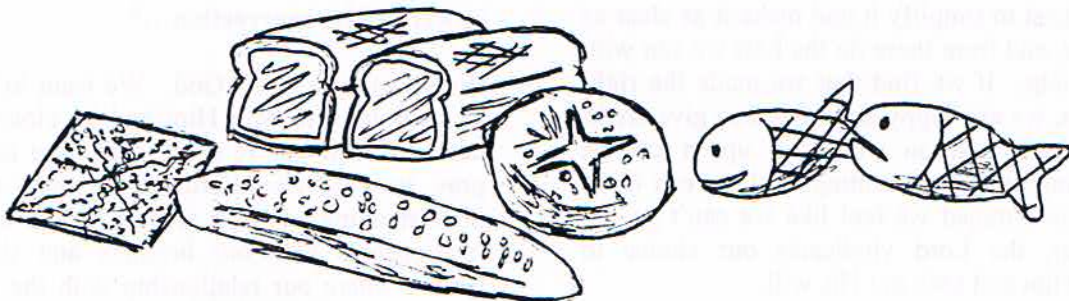
As a senior myself, I face the reality, celebration, as well as confusion of graduating. And when I really stop to think about it, I do kind of get this sense of "maybe I'll never see these people again..." kind of a feeling. For some of us, it will be hard to leave our friends and the little nest of comfort that we've built over the years, but it is perhaps only a natural part of life to "come and go," to "bond together and break away." These words bring to mind the stories in the gospels where Jesus feeds 4000 or 5000 people. Jesus, taking the bread that is there already, lifts up a prayer to God the Father, and distributes it to the people. It is only when the bread is broken that God multiplies the bread. In a similar way, we can think of leaving Cornell as an opportunity to see how God would bless us and multiply the Message we are to carry.

It is now 3:51 A.M. And I have less to say now than any other time. I'd like to thank the many people who have helped and contributed to this issue of Bread of Life. I'd also like to specifically thank Alice, Priscilla, and Lulu for help on the editing, Christine and Amy for artwork, and Bruce for the encouragement and help he's been. My prayer is that you will find this issue of Bread of Life interesting, instructing, exasperating, exciting...but most of all, that it will challenge you in your walk with the Lord.

Grace and peace to you all.

Love,
Your brother and fellow bondservant,


Jesse



Continuing to Know God

By Esther Lo

"But my exhortation to you...don't allow your humanity to come between you and your commitment to your relationship with God. Rather, keep straining to experience He who has allowed you to taste real life."

It is a very scary thing to realize that you are now entering "real" personhood. OK, we're not fake people, but we all have to enter "grown up world" someday. And for me, that day is fast approaching. What's "real" life? Well, it's a life that is full of responsibilities, privileges, and some very difficult situations and decisions. And realizing that, soon, I will leave the cocoon of CBS and will have to "be on my own."

Something I've learned this semester as I prepare for real life is that life is a process. OK, so you're thinking "duh". And I've known this fact for a long time. But as God often does, he has brought me back to an old lesson and made me experience it more deeply.

Life is not black and white. No news there. We try our best to simplify it and make it as clear as possible, and from there do the best we can with God's help. If we find that we made the right decision, we are happy and of course give credit to the Lord. When we screw up, it can be frustrating and disappointing, and we can often be so discouraged we feel like we can't go on. However, the Lord vindicates our choice to follow Him and seek out His will.

"I want to know Christ and the power of his resurrection and the fellowship of sharing in his sufferings, becoming like him in his death, and so, somehow, to attain to the resurrection from the dead."

"Life is not black and white."

"Not that I have already obtained all this, or have already been made perfect, but I press on to take hold of that for which Christ Jesus took hold of me. Brothers, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and for which God has called me heavenward in Christ Jesus."

Philippians 3:10-14

Know God: "I want to know Christ and the power of his resurrection..."

We all want to know God. We want to be able to communicate with Him and be close to His heart. And if you're a Christian, you can. We pray, we read His Word and come to a better understanding of who God is. We build up relationships with our brothers and sisters in Christ, where our relationship with the Lord is modeled. We see (hopefully) forgiveness, grace,

love, honor and respect in leadership, friends, and discipling relationships.

But what does Paul mean when he says that he wants to know Christ and the *power of His resurrection*? I think it means that Paul wants to experience what it is to share in the power of conquering death and sin. In His death and resurrection, Christ conquered sin. He died to pay the punishment of sin, but rose again to show that the power of sin was (and is) nothing to Him. And when we accepted Jesus as the Lord of our lives, we received His power. His power resides in us to do the same.

While we may know that we have power to conquer sin in our minds, we may not know that in our experience. And for the Christian, that is a difficult place to be. On one hand, we know that we are expected to be holy, and yet we are not. What is our response?

"Let us draw near to God with a sincere heart in full assurance of faith, having our hearts sprinkled to cleanse us from a guilty conscience..." Hebrews 10:22

Well, we are first relieved and grateful that we have a forgiving God that is full of grace. His grace covers our multitude of

sins. But we cannot simply be glad. Or else we would become stagnant. And we all know that is bad because we read my article from the last BOL. (if you didn't, I basically said that being complacent, in a rut, and stagnant is bad and

God doesn't like it. Colossians 2: 23-24.) What to do, what to do?

Paul has been in the same place... "Not that I have already obtained this..." What does he have to say?

Don't get bogged down: "Forgetting what is behind..."

"When we screw up, it can be frustrating and disappointing, and we can often be so discouraged we feel like we can't go on... but... we have the power to let go and move on to the great things God has in store for us."

Anyone who has sinned really bad (and I believe that's all of us) knows what it's like to be bogged down by sin. You feel guilty. You have that heavy feeling in

your stomach. You feel like the person you just gossiped about is just around the corner. And it feels like everyone is staring at you like they know what you did. And you're particularly defensive and jumpy. So, you sit down and think. You know in your head that as a Christian, you're already forgiven. All your sins, including this stinker, have been forgiven. And you know that the Lord loves you as you are. But somehow, you can't get rid of the feeling. You are still bogged down.

"Let us hold unswervingly to the hope we profess, for he who promised is faithful." Hebrews 10:23

"Practice, of course. Practice fighting sin; practice the discipline of prayer and bible study. And before you even start fighting, decide to follow the Lord through thick and thin."

But Paul exhorts us to not be bogged down. In fact, he says, forget about it. He doesn't

say to be flippant about sins, past, present or future. He certainly doesn't give us permission to sin more. (Romans 6:1-2) Rather, he says forgive yourself because the Father forgave you. He says to let go of the past so that you can move on. He says don't let the past tie you

down. Now, this doesn't mean that sin doesn't have its consequences. It doesn't mean that your past sins won't somehow come to haunt you. They will, because sins have their consequences. But he's saying that we have the power to let go and move on to the great things God has in store for us.

Keep Going: "straining toward what is ahead, I press on toward the goal..."

We have the power to keep going. To keep running and be changed by the spirit of God. We have to keep fighting. Fighting takes commitment and discipline. How do we attain these qualities? Practice, of course. Practice fighting sin; practice the discipline of prayer and bible study. And before you even start fighting, decide to follow the Lord through thick and thin.

"Fight the good fight of the faith. Take hold of the eternal life to which you were called when you made your good confession the presence of many witnesses...I charge you to keep this command without spot or blame until the appearing of our Lord Jesus Christ." 1 Tim 6:12,14

But all the commitment in the world will not help if we do not have the power of God. I don't have anything to say regarding attaining the power of God except that as Christians, we were destined to have it and we need only to take hold of it.

Real life...it's not always a fun process. But it's the path the Lord has called us to walk. And He promises that His yoke is easy. But my exhortation to you is the same as Paul's to the Ephesians...don't allow your humanity to come between you and your commitment to your relationship with God. Rather, keep straining to experience He who has allowed you to taste real life. ♦

Fellowshipping with the Lord and with my B.A.S.I.C.

By Selina Lee

**"But all the commitment in the world
will not help if we do not have the
power of God."**

I wanted to share this during large group yesterday (April 30), but when I was about to get up, Esther got up to introduce the speaker. So I decided to share

this in Bread of Life. Praise God, for the many different ways to share. =)

Oh, and B.A.S.I.C. stands for "Brothers and Sisters in Christ."

After a prelim and bible study on Tuesday, I still had three problem sets and a paper to do for Wednesday. I lasted until around 4 when I was no longer functioning and just went to bed without finishing any problem sets or the paper. So I woke up at 8 o'clock (the alarm clock was actually set for 6:30 but I had to snooze just a little bit more), and went straight to

**"But it is so difficult to try to
concentrate on one thing when
God's nagging you to do
another."**

my desk to try to finish something. As I was doing my math problems, I felt this nagging from God telling me to do my devotions (I usually do them in the morning). The problem was that I felt that I didn't have enough time to do devotions, finish the math problem set AND get to class by 10 (cause I had to hand in the problem set). So I was trying to shove that thought out of my head. But it is so difficult to try

to concentrate on one thing when God's nagging you to do another. So I decided to run through devotions really quickly and say that I did it, so God would stop nagging me. I opened up my devotion stuff and started reading. I read it through one time, but the passage was SOOO good (something that I needed to hear) that I had to re-read the passage. After re-reading the passage, I was so excited to apply what I learned to my life (the devotion was about really giving yourself up to God and letting Him supply all the joy to you).

After QT, I still had enough time to finish the problems for math (well, the ones I knew) and then went to class. Wednesdays are sage times so after classes were over, I went to sage to share what I learned about during QT that morning. After I shared, a brother started to ask a lot of questions in regards to predestination and about taking up his responsibility in his Christian walk. He also shared about how he and his brother got to talk over the phone about their spiritual walks. I found Sage Time so encouraging by just hearing from that brother and all the other issues we brought up (come to Sage Time!)

Then, I was supposed to meet one of my interviewees during lunch at the Statler but because she had pulled an all-nighter the night before, she overslept. I didn't mind much because I still had to finish my physics pset and that paper. So I got lunch and sat at one of the booths at the Terrace. Then all of a sudden, another sister from CBS asks if she could sit with me. I was so surprised to see her and said yes. We got to share and talk about our walks with God to our summer plans. I was so happy to have had the time to fellowship with her because I never really got to know this sister (and as a side note, I did get to finish the paper and physics pset in time, too).

I was surfing the web for some research that night and I received an ICQ from another brother (from CCC). He asked if I was free to take a walk down to collegetown with him to get a cup of coffee from Stella's. So we met within five minutes and took a nice, slow, calm walk down to collegetown. On the way down and back, he shared with me about what he was up to nowadays. With his enrollment in COE's Wilderness Survival class, he has learned how to appreciate the outdoors. He spent the past weekend camping out in the woods (part of class) for about three days. After he woke up one day, he decided to go take a walk in the surrounding area and quickly got lost. He

panicked for a little but afterwards, sat on the floor to calm down and to really put things into perspective. After sitting for a while, he got up and felt led to walk straight back in a direction. He finally found a path after walking that path for about twenty minutes and was so relieved that God really showed him the way. I was so in awe of the testimony he gave.

By Thursday, I was really excited to do devotions. So when I got up, I immediately did it. The devotion was about how by being uncertain in God, it shows how we are giving our lives to Him and relying on Him. For that day, I had tons of appointments to go to, but still, I tried to have a mindset of being uncertain of what God would bring into my life that day.

Remember that email I sent out a while back about needing a camcorder? Well, a brother had emailed me back and we finally got the chance to record stuff that day. So I went over to his place, did all the recording, and had an awesome time of conversation. We revisited past memories, and talked about future plans. I hadn't talked to this brother for a long time and was so excited just to hear from him to see how he was doing.

When I was walking back to campus, I bumped into another sister from CBS. She had come to North Campus Prayer Meeting that Monday and shared about how God was really changing her future plans. She was really concerned at that time and asked for prayer. When I bumped into her, she shared with me how God had been opening doors for her in terms of the future and how God was so ever faithful! That was so encouraging to hear because it helped to affirm that God does care and listen and would definitely answer prayers.

That night, I met with the interviewee I was supposed to have lunch with on Wednesday. She made dumplings and sushi (two of my favorite foods) and over dinner, we got to talk about her last four years here. She shared with me her struggles with academics and also her longing to be home. It was also so encouraging to hear from her because I was struggling with the same problems as she was and just by seeing her there as a senior gave me proof that there is hope! I found a lot of things that were in common with her (we were even taking the same class but different sections).

For Sage time on Friday, we stayed outdoors in the grass to share and pray. It was such a beautiful day and we had so much fun sharing our struggles and praises with each

other. I love Friday Sage times cause it always happens that it's ALL girls! =) Hearing the other sisters share and by praying with them, I just felt so much love.

For lunch, I met up with another sister to eat. I hadn't spoken to her for the longest time and during lunch, we got to talk about so much. I was able to open up with her with a lot of my

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struggles, my testimony, my summer plans, just a whole slew of stuff! And she did the same to me. I felt that the fellowship we had over lunch was so real and so heartfelt.

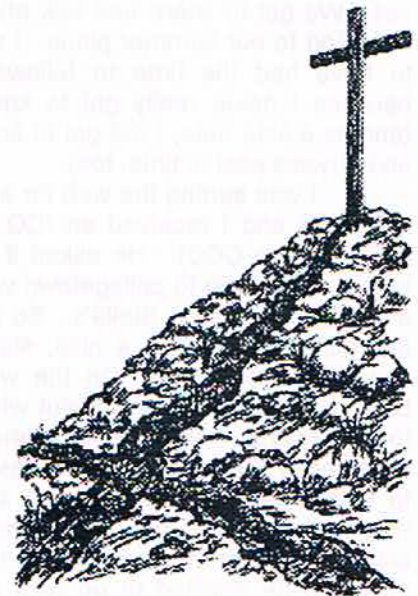
Then, when I was walking back to North, I bumped into the same brother from CCC whom I walked with to get coffee with the other night. We went running in the plantations a couple weeks back and he asked if I wanted to join him this time. Actually, this time, he was going to rollerblade. I knew I had a lot of work to do (still have a lot as I am typing this up) but I thought that it would be a nice stress reliever (cause I knew that he was stressed himself). So we met and we walked to the plantations and rollerbladed there for about an hour and a half. In the beginning, we talked a lot but as we rollerbladed up those hills (actually, mountains for me), we quickly realized that we needed to keep all the energy we could. Just by being there at the plantations with a common purpose (the same stress and physical fatigue at that point) was so uplifting because I knew that we had each other to help encourage.

For dinner, I met another person that I was interviewing. We had a good time to talk about our struggles from the past semester and also things we were scared about as the semester ends. He gave me a lot of support, encouragement and advice as to a lot of things I

was unsure about. I felt that this meal was another heart-felt meal.

After large group, I had a really long conversation with another CBS brother whom I hadn't talked to for a long time too. We got to share about our week and our struggle with not only our spiritual walks but also with academics and family. We also had the privilege to pray about a lot of things we shared about that night.

So what is the purpose of this article after so many encounters? That through being uncertain in God and by depending on Him, he blessed me with so many heart-felt and encouraging encounters with my brothers and sisters. And by just trying to give up my life to God, He placed into it so much joy and love from these brothers and sister through Him. I also pray that this article would encourage you all to be excited to do devotions everyday, go to Sage time to see how God works in each person's lives, reach out and fellowship with those you don't really know, and lastly, to have an anticipating heart as to what God will show you. ♦



a pattern of self-denial

by jin xu

I sat, with my head bowed, eyes closed, nervously listening to the prayer of my friend across from me. As he excitedly asked God to take my life and change it, a part of me wondered just how much giving up needs to be done.

It's been two years since I have become a Christian, and over these two years, I have heard many sermons and testimonies about giving God all our, denying ourselves, losing ourselves to gain our lives. Yet along the way, the pattern of self-denial became for me, a weekly quota of sacrifice that I chose to bring to God. The reluctance to present to Him certain areas in my life sat comfortably in my heart. Something God convicted me of this year has to do with the second Greatest commandment, and how much loving my neighbor has to do with denying myself. My neighbors, as I have realized, are also all those who have hurt and disappointed me, as well as friends, coworkers, parents, even fellow brothers and sisters. All the anger and judgment that I held as a result of being hurt, I didn't allow God to touch. Turning away from the fact that I was disobeying Him, I let my heart harden with the unwillingness to forgive. Love is not self-seeking. Yet Instead of asking God to break my heart, I sought justifications for my

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attitude. Believing that I had the right to be unforgiving, I wouldn't give that up to Him.

My mother and I have had a relationship built on hurt feelings for a long time. I have often reminded myself that she has been an awful and abusive parent. Becoming convinced that I held the right to

disrespect her, I wouldn't allow God to heal our relationship. God called me to present the feeling that I was justified in condemning her onto the altar, because I wouldn't be able to love her otherwise. It's been such an encouragement to

see how as I slowly let go, He is softening our hearts more and more, and restoring a relationship that I believed was beyond repair.

The pattern of self denial, as I have come to realize this year, isn't just about giving up a few hours of sleep on Sunday to go to church, or about fasting for a meal, or fulfilling a quota of sacrifice. It's our continual and complete obedience to God for EVERY aspect of our lives, especially what we believe to be rightfully ours.

"Does the Lord delight in burnt offerings and sacrifices as much as in obeying the voice of the Lord? To obey is better than sacrifice, and to heed is better than the fat of rams. For rebellion is like the sin of the divination, and arrogance like the evil of idolatry..."

1 Samuel 15:22-23 ♦

“Been There, Done That”

By Jimmy Lin

"I believe that there is a potential danger of having a “been there, done that” attitude in the Christian culture. "

We’ve all pretty much seen it. Out of the helicopter swirling high above snow-covered mountains jumps a no-fear snowboarder gearing for the thrill-ride of his life. Just do it. Or perhaps you’ve watched an SUV fight its way up the rocky, muddy terrain to reach a breathtaking view. Got milk?

I believe our culture has evolved into an image-pounding, experience-seeking, fast-paced barrage that continuously shapes our minds into thinking that we are not yet where we want to be but can be if we’d only experience what they want to sell with the result of never giving our minds the chance to stop and think about what we are actually doing so that we’d do it. In short, have we “been there, done that?”

Think of what you’ve accomplished during your days here at Cornell. Have you... seen the gorges? Rollerbladed around the Plantations? Been to the top of the Clock Tower? Trayed down Libe

Slope? Gone skiing at Greek Peak? Went to 80's night at Club Semesters? No problem you say, but have you... played on the praise team? Led and/or been in a ministry? Had your own Bible study? Hone on a summer project? Went to Northeast conference or Panama City Beach? *Shared the Gospel?*

So here’s the catch: I believe that there is a potential danger of having a “been there, done that” attitude in the Christian culture. In order to “fit in,” or to be “cool,” we feel compelled to do certain things. I know that God can work through any situation in your life, but it means a big difference where your motivations and heart truly lie.

I am reminded of this verse: “*For where your treasure is, there your heart will be also*” (Matt. 6:21). If our treasure is in simply beefing up the “spiritual experience resume,” we need to think again. Our treasure should be found in Jesus Christ, and Him alone. That in and of itself is more precious than any other ‘experience’ ♦



bible studies



colossians

By Tim Feng

This semester we looked through the book of Colossians. It was a great study! There's a lot in Colossians about the reason for things that we do. And there are some choice words in Colossians as well. BARBARIAN! SCYTHIAN! DOMINION OF DARKNESS! When said with a certain amount of dramatic flare, wow, it's intense. We also learned about Errast Imperative. But I have some issues with this. We learned what the word meant, but they never taught us how to spell the word! So I don't know if I spelled that correctly or not! An incomplete job if you asked me. It's kinda like this spelling bee we heard before one the bible studies. It was very funny. If you haven't heard it yet you should definitely go over to Mike's and listen to it! But on the whole, the study was very enlightening. We learned a lot about motivation for what we do. We discussed the difference between humility and false humility. And we also drew a lot of things from it that tell us how it should be here, at CBS and in any Christian body. Colossians 3:16 especially stuck out as a good picture of what we should be. There was a lot of practical stuff in Colossians that tells us about what we do, but more importantly why we do it. As to why we do it, "*And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through Him*"—Colossians 3:17. In fact, Yes!

Good (God's) Will Hunting

By Thomas Matthew Yung

BOOM! CRACK! HISS! That is exactly what you would've got if you disobeyed God's will more than two thousand years ago during old testament times. A flood to quench your thirst for sin, the product of mindless babble or "Babel" from your mouth to stop your pompous proclamations, or a lighting strike on your head that would make Don King jealous of your new do, these are just a few examples of his almighty power!

Now we live in the 90's, and God promised not to wipeout whole civilizations anymore. Thank God for that because NYC and LA wouldn't be here today! However, we must still continue to live according to His will, and that is what Cliff and Eunice taught in their Bible study titled "Life Decisions and God's Will". In this study we hunted and covered answers to questions about freedom within God's moral will, the sovereignty of God, God's will concerning singleness, marriage, ministry, missions, and vocation. It was really ironic how many of us were most receptive to the Bible study on singleness and marriage; hmm...what were we thinking? One of the greatest highlights of this study was applying what we learned into various case studies thanks to Eunice. So if you missed this Bible study this semester then that's too bad, but maybe God may will it to happen next semester.

Melrose Place

By Valerie Kwong plus lil' tidbits by Lois Yue

What does Melrose Place have anything to do with Bible Studies and Small groups? Not much, but in the lives of the 5 women we studied, semi-scandals could be found....But God still worked mightily in their lives.

Throughout the course of the semester, this small group studied Old Testament women: Hagar, Leah, Ruth, Abigail, and Hannah. On the surface, these women have semi-scandalous problems...well, not really...but they were loved by God, had major roles in the lives of important men, and, moreover, are wonderful examples of how women lead godly lives. Hagar's life seemed desolate, but God still had a plan for her. Although Leah was not loved by Jacob, God had

important plans for her by being in the lineage of Jesus. Personally, Ruth was my favorite character. She symbolized what God meant when He commanded women to submit. Ruth also was patient in everything that she did....something that I need to work on! And...she was also in the lineage of our Savior. Abigail's wisdom and tact prevented King David from tainting his reputation and God's plan for him. Lastly, Hannah's faithfulness and devotion to prayer earned her a blessing from Eli and also a son.

Another interesting factor was that the small group consisted of women who lived in 303 Eddy...cool eh? Just like Melrose Place! Hee hee!!! :) I have enjoyed bonding with this wonderful group of women and I can't believe that this is my last small group!!! AAHHHHH!!!

Patriarchs

By Melody Ou

What comes to mind when you hear the word Patriarch? We often imagine righteous, great and godly men. The Patriarchs, Abraham, Isaac and Jacob were men of God, but it took many years of mistakes, hardship and God's faithfulness to turn them into men worthy to be the fathers of a great nation. From the very beginning, it was God who chose them and promised to be with them. They were not chosen because they were better than anyone else in fact, as we read Genesis, we find out that even with the knowledge that God was on their side, they made plenty of bad decisions. Their lives are a testament to God's continued faithfulness of his promises to His people. Knowing that God uses people like Abraham, Isaac, and Jacob who all deceived others to protect or to further themselves, were imperfect is an encouragement to us that despite our weaknesses, God can and does use us in mighty ways for His glory. Genesis is such an awesome book that demonstrates so much of God's awesome grace

in reaching down, making a covenant with, and being faithful to His people even when they were faithless. I highly encourage everyone to read Genesis because really is the book of "beginnings" where God initiated His awesome creation and His relationship with us. It has been an inspiring and memorable semester studying the Word and learning more about God and His people with such a great group of girls! It has been such a blessing to me that we were able to share and pray for each other. It is my hope that you guys will be able to apply some, if not all ;) of what we learned.

Prayer Bible Study

By Glennis Lo

Dear Heavenly Father,

We just praise You for the things You've been teaching us this semester, especially through our bible study. We realize more and more that prayer is a privilege You have given us. We've learned that even though we're so sinful and undeserving, You still desire and are pleased when You hear from your children. We thank You for Your Son Jesus through which we have the authority to pray to You directly. Our heart's desire is to become women of prayer, but we realize that this goal is a lifetime process. You've taught us that prayer can only be cultivated by spending time with You. Father, teach us how to pray like Jesus prayed to You. We thank You for providing our daily bread, and we trust that You will continue providing all we need. Help us to pray in faith so that we can increase our dependency on You. We realize that prayer is an act of faith that focuses on You, rather than ourselves. Lord, change our hearts so that we become the women of God You want us to be.

In Your Son's Precious Name,
Amen.

Romans

By Paula Lau

What was cool about the Romans Bible Study:

- We learned that "Penguin" doesn't start with an "s."
- We learned that God's wrath is powerful, like a "blast of breath from ... nostrils."
- We learned that no one is righteous and as such, we are all objects of God's wrath.
- We learned that righteousness is by faith.

- We learned that the answer to the question "Shall we go on sinning so that grace may increase?" is "By no means!" because through Christ, we have become slaves to righteousness. That means that even though we receive grace when we sin, that is no excuse to sin.
- We are more than conquerors through him who loved us.
- God is sovereign and he has made some to be "vessels of wrath" for the purpose of his glorification, and some to be "objects of his mercy" who will know "the riches of his glory."
- We talked about predestination a lot... and learned that God's wisdom and knowledge are unsearchable. (Romans 11:33)
- Vegetables of death?
- We got to talk about hard issues like how the strong in faith can live so as not to be a stumbling block to those who are weak in faith.
- We finished the whole book of Romans. Yup, all 16 chapters.

YMCA—

You, Me, Christ, Apologetics

By Jaime and Noelle

(sung to the tune of "YMCA")

Brother, there is no need to pout.
I said, Brother, pick yourself off the ground.
I said, Brother, 'cause you're having some doubts.
There's no need to be questioning.

Sister, there's a place you can go.
I said, Sister, when you feel really low.
You can come here, to GS one eight one
Where all your doubts will come undone.
You will find answers at YMCA.
You will find answers at YMCA.

We look into the Word, and look up to our Lord,
Jim and Ben never left us bored.

You will find answers at YMCA.
You will find answers at YMCA.

You can have some brownies, you can meet lots
of friends,
You can ask whatever you feel.

Brother, tell your friends about me.
Paul said, Brother, "All scripture is God-
breathed."
That's in II Timothy 3:16.
Bible: Reliability.

No man does it all by himself.
We said, our God, will provide us with help.
Some will say there is no
meaning in life.
But we know Christ paid
the true price.

You will find answers at
YMCA.
You will find answers at
YMCA.

Our mind gives us reason
but our heart gives us faith.
"Bible study's great," Esther saith.

It's all about Zoltan at YMCA.
It's all about Zoltan at YMCA.

You can ask yourself, "Why do I suffer and
cry?"
But God always knows how you feel.

Sister, where did all
life come from?
I said, Sister, it's all
about creation.
I said, science and
religion are pals,
Because they are
compatible.

YMCA... we learned
so much stuff at YMCA.

Jimmy and Ben, thank you for all your work!
It's been a fun semester...
(fade out)

ministries

evangelism

By Glennis Lo

I am truly amazed by how God is working and teaching CBS more about evangelism. This year we saw God move in mighty ways. These included things like pulling together two Coffeehouses, learning about missions at the Northeast conference with CCC, and some of us finally committing ourselves to go on a mission trip like Panama City Beach or Summer Project.

"Still, I'm beginning to realize more and more that evangelism isn't just about the big, hyped-up events or even the number of people we bring to CBS."

Still, I'm beginning to realize more and more that evangelism isn't just about the big, hyped-up events or even the number of people we bring to CBS. These things are certainly important aspects of evangelism, but by focusing on the big events we often lose sight of the "small" things. I confess to overlooking these things myself. One thing I have overlooked is a right attitude. In 1 Corinthians 13, Paul writes "If I speak in the tongues of men

"Sometimes, we Christians are so intent on proving our point, or 'converting' people that we begin to see them as 'projects.' We lose sight of the call to love others, just as God loved us."

and of angels, but have not love, I am only a resounding gong or a clanging cymbal...If I give all I possess to the poor and surrender my body to the flames, but have not love, I gain nothing." In this passage, I see Paul trying to say "Look, we can do all the

'Christian' things we want...but if we don't have the attitude of love it doesn't mean anything." Sometimes, we Christians are so intent on proving our point, or "converting"

people that we begin to see them as "projects." We lose sight of the call to *love* others, just as God loved us. I know this is easier for me to say than do. However, I believe that as we grow to understand the heart of God more, we will also come to desire the things of God; in this case, a passion to "*seek and to save what was lost*" (Luke 19:9). Which brings me to another "small" thing that is often overlooked: our time spent with God. For this, I must admit to probably being the biggest sinner of all. But I'm learning from God that it's only through reading His Word and praying to Him that I will be able to develop a true heart for the lost.

The Evangelism ministry was created to help equip CBSers to share the gospel and open up opportunities for which the gospel could be shared. However, this ministry wasn't designed to replace the life of evangelism God calls for us to live everyday. This doesn't mean we necessarily have to share a formal version of the gospel everyday (like the Four Spiritual Laws), but our lifestyle and speech should be a testimony in itself. As God opens doors for us to share, it is then that we need to take courage and seize those opportunities that He has given us. While I admit to not always adhering to this standard myself, I know its only through a humble and contrite heart that we are truly able to be used as harvesters for His harvest field. I am excited about the things God will have in store for us next year as we continue to share about the love of God that has been shown to us so abundantly through Jesus Christ, our Lord.

Discipleship Ministry

By Jaime and Jen

This year the discipleship ministry has been focusing on building the body of Christ. In this way, we have been encouraging brothers and sisters to seek out prayer partners to keep each other accountable and growing in their personal walks with God. To facilitate deeper sharing times, we have been emailing topics for prayer partners to discuss in order to evaluate their relationships with Christ. In addition, discipleship has been occurring between your

brothers and sisters with either staff members from Campus Crusade for Christ and Bethel Grove Bible Church. If you have experienced prayer partnerships in any way this year and were encouraged by it, we encourage you to continue fellowshiping with each other next year and through the summer.

Our vision for this year has been based on this verse from Hebrews 10:23-26: "Let us hold unwaveringly to the hope we profess, for he who promised is faithful. And let us consider how we may spur one another on toward love and good deeds. Let us not give up meeting together, as some are in the habit of doing, but let us encourage one another; and all the more as you see the Day approaching."

INREACH

By Noelle Dong

Praise God! Looking back over the past year, God has truly blessed the Inreach ministry. Let's take a peek back:

August 1998: What? CBS has 40 newcomers? Praise God! (or as Rob would say PG!) What are we going to do with them all? Anyone want to help with care packages? Matthew 22:37-39. No, no it's a good thing...these freshmen are way too energetic (and we have Westies too). • **September 1998:** *Inreach*, not Outreach. Hi. Welcome to CBS, can you please fill out this information card? Here's your nametag. Rob gives tuning fork analogy. Romans 12:13 • **October 1998:** ACE, not ALGAE. Remember marshmallows and toothpicks? Hi. My name is Noelle and this is Rob. We're looking for people to help us with Inreach. We hope you like making care packages. • **November 1998:** The premier of Comy, Comy Game Night; Inreach small group meetings – Is CBS too cliquey? • **December 1998:** Baked ziti & stuffing! There's NO ROOM for fellowship dinner. Are *you* my angel? • **January 1999:** Go upstairs!! Go to ACE! How come no one is going upstairs?! Romans 15:5-6. Unity, Accountability, Example •

February - March 1999: uhhh, yeah. •
April 1999: Corny, Corny Game Night 2 –
Do you love me? • May 1999: Sniff,
sniff...read on:

So, that was our year. It's been rewarding and fun. We hope God was and will be glorified—always and forever. As we pass on the ministry to the hands of Joe and Priscilla (who will take Inreach into the next millennium), we pray that God will lift them up as leaders for Inreach and the rest of the fellowship. The Inreach ministry would like to see CBS genuinely pull together as a body of brothers and sisters who really love our Lord. We leave you with:

Unity, Accountability, Example

Thank-you: Joe, Joe, Joan, Lulu, Priscilla, Evelyn, Steve, Ruth, Elaine, and Paul. Props to the Lord God, our Father in Heaven. Amen.

*"There is one body and one hope when you were called – one Lord, one faith, one baptism; one God and Father of all, who is over all and through all and in all."
Ephesians 4:4-6*

Praise Team

By Mike Feng



This year was a very exciting year for the Praise Team. We had a lot of experienced people from last year's praise team. God gave us some really incredible opportunities to serve this year. First, starting in late September, we played at the Campus Crusade Fall Retreat. It was a great time. We had a joint team for Fall Retreat, taking on a bass player from CCC.

Later in November, we were contacted about being the worship team for the Northeast Winter Conference held in Springfield, Massachusetts. This was really a fun time for all of us. We practiced extensively and had a really good time praising and worshiping God with so many of our brothers and sisters from around the Northeast. Throughout the year, we also had a chance to have many different people lead praise time from week to week. We were able to record most of our praise times to save for later listening and evaluation. We really thank God for the opportunities He's given us this year. We also pray for next year's praise team and ask that God bless them and protect them as well.



*Keep on loving each other
as brothers. Do not
forget to entertain
strangers, for by so doing
some people have
entertained angels without
knowing it.
Hebrews 13:1-2*

newcomers

Albert Cheung

Interviewed by Tim Feng

Albert Y. Cheung is a freshman and a newcomer this year to CBS. He's in the Architecture school and is majoring in Architecture. Born on August 4, 1980, he hails from Plainview, Long Island. He expects to graduate in 2003, not 2002, since architecture is a 5 year program. May he rest in peace.

OK, now it's time to kick it up a few notches. This is where I go down the list of questions and write down his answers. Let's get started then. The first question on the list was 3 words to describe yourself. Albert's response to this was, well..I'm ummm...faithful, determined, and understanding. So, since, the question was 3 words, I guess the way he describes himself is "well...I'm ummm...". Allright, I'm going to get serious now. Albert admires friends who are open and willing to share. In his words, "A friendship dwells on a promise of sharing experiences and edifying each other. I like friends who keep others accountable. Accountability is an important part of watching out for each other's actions. Also, I like friends who are true to themselves and to others." Them are some nice words.

Music is a big part of Albert's life. He listens to Christian contemporary, R & B, and

other stuff like that. He's also musically talented. He plays piano and guitar and some other weird instruments. He even composes Christian music when he has time, though that doesn't seem to happen a whole lot here. Other likes include b-ball, ultimate, chinese poker, icq, and just chillin with friends. Notice, no g on the chillin. That is not a typo.

I don't really know why people call pet peeves pet peeves. The word just doesn't make sense to me. HOWEVER, Albert's pet peeves are spiders, liconice and cars that don't have ac in the summer. In case you can't figure it out, his car doesn't have ac in the summer. I'm assuming it doesn't have ac in the winter either. His favorite childhood toys are his transformers (!!), his "exotic" collection of Legos, and his PHat pair of Reebok pumps. For some reason they were a toy to him. Don't ask me, ask him. To relieve stress, he eats. (That's cuz he hasn't gained the freshmen 15 yet)

New paragraph! I'm not an English major, I just put in new paragraphs so that it looks neater. Albert's favorite place is his room. It's cozy! If it were raining outside, Albert would like to be in his room, sleeping. "Ah...that would feel good", says Albert.

So, to the serious part. This semester God has taught Albert a lot. He's been attending fellowship on and off, due to a heavy workload, and he had to rely on God for many things. He's learned that through Him, anything can happen. God has carried him through everything this computer and he's learned that God's promise is everlasting. I'd have to agree. About CBS, he says he likes the craziness! I agree there too. Let me quote Albert since I don't know how to say it any other way. "You guys crack me up. It's good fellowship and brotherhood in Christ. I love the praise time...it's great =) keep it up!" (Note, I didn't add the smiley face. He put it there.

Anyway, I hope you know a little more about Albert now. Last time I got yelled at for making the write up of the interview too long. SORRY! Ok. That's it. "I'm out, yo" (Courtesy of all those freshmen guys).

Dora Chi

Interviewed by Mary Yee

I was a delinquent interviewer last semester because I told Dora Chi that I would interview her, and I didn't. My deepest apologies to her,

but I wanted her to be included in the spring edition of Bread of Life because she's a cool freshman and I truly hope you take the time out to greet this sweet gal!

Dora's nickname is "Dochido" (hee hee... maybe she can teach us some square dancing steps). She's a first year student in the School of Architecture, and hence, her major is Architecture. Dora was born on Feb. 1st 1980, in the hometown of Kansas City, Missouri. When asked what 3 words she would use to describe herself, she said: "optimistic, young at heart, and goofy." Three qualities that she admires in a friend are: "honesty, modesty, and REAL doesn't put on an act for others." In her spare time, Dora likes playing tennis, drawing, building little models in Rand Hall, not sleeping, seeing the sun rise again and again in Rand Hall, and teaching children's worship "they are soo cute... =P" (I see two trends here: Rand Hall and lack of sleep... hmmm...). When she was a child, her favorite toy was BOBO, her stuffed dog/rabbit (you'll have to ask her about that one). Her pet peeves include: that annoying tapping thing that people do, and people with large egos. Dora mentioned that her stress-relieving behavior is to scream (and I am assuming that this has something to do with seeing many sunrises at Rand Hall). On nice sunny days, she likes to hang out (where else?!) outside, but on rainy days, she'd prefer being in her bed sleeping. She adds that she doesn't sleep except through her non-architecture classes, and she hasn't slept in her bed for a while.

On a more serious note, God has taught Dora to be humble. She thinks that God is AWESOME!!! (all the time, sister!). When asked what her likes and dislikes about CBS are, she said that she likes the openness people have towards each other within the fellowship, but she dislikes the clique that is CBS. (Hopefully, Dora will be able to get some sleep as she becomes a 2nd year architecture student next year I wish her the best, and encourage her to continue keeping her eyes focused on Jesus).

Eun Koh

Interviewed by Noelle Dong

I learned lots of stuff about Miss Eun Koh through our interview. For instance, this sister is from Germantown, Maryland. She was born on May 7, 1980. She is mostly likely an

ORIE major, and her favorite cartoons were She-ra and Inspector Gadget. When you see her doing laundry, you know she's either run out of socks or underwear. Eun doesn't like ketchup, but she does like honey dijon, right? (her favorite phrase).

Oh yeah, another thing...Eun is KBSer, but since she's visited us a few times, I got the privilege of interviewing her. She says CBS is "different" than KBS--praise is shorter and KBS doesn't give as many opportunities to pray in groups. (She came during a mini-concert of prayer). But this isn't about comparing fellowships, it's about Eun. What's cool about coming to CBS for her was to see God working in other fellowships, and it was good for her to fellowship with new brothers and sisters. God has really worked through Eun this year. He has given her "better prayers" and more consistent quiet times. During her first year at Cornell, she learned that, "I don't need to be afraid or discouraged if obstacles come into my path. I can overcome them." Her favorite verse is Ephesians 2:8-9.

Some more random stuff: Qualities she admires in others are spiritual courage and strength; openness; and sensitivity. Eun skips class about 1/3 of the time, and spends about an hour a day chatting online. So what else does she do? She likes to take walks, spend time sitting outside, think (think while sitting outside?); eat; and play. She misses "real food" from home (i.e. Korean food), and when she gets back she's going to eat and sleep a lot. When I asked Eun what "playing" meant, she said, "I don't know...doing nothing." Doing nothing, right? Hold everything.

The impression that I got from our 30-minute interview was that Eun is a *nice, sweet* girl. However, what I learned in the *five* minutes after our interview allowed me to see her in a different light: She's friends with Chef Wang (I saw him offer her a wad of money!), and she likes to punch guys. This girl has a fighting spirit. And that she has a name that supposedly only Koreans can pronounce, right? The closest I can think of is, (for those of you who took French), *eun* in "jeune." Something like that. But, I was told, it's not "un" as in "under."

Now, at the end of the write-up, I'm not really sure how to conclude. Eun is a sweet, if not sometimes violent, girl. And I recommend that if you meet her (at BG, at CBS, somewhere on campus), ask her what she thinks about the Class Notes...heeheehee.

Frank Luh

Interviewed by Jeremy Ho

Ag & Life – Communications/Pre-med
Freshman
August 16, 1979
San Marino,
California

After much debate, Frank and I decided to meet over lunch on a rainy day in the Ivy Room. While roaming to and fro among the many grills and shelves stocked with food, we embarked on our quest for the perfect permutation of food items that would sum to precisely \$5.60 (the cash-op limit for lunch). After solving thousands of simultaneous linear equations in our heads, we came to this conclusion: the food prices had been deviously assigned so that no combination of prices would yield the magic number! Can it be? There is no path to cash-op nirvana!!! Dejected and broken by Cornell's Dining and Retail Services, we trudged over to a secluded table with our unoptimized food, where we continued the rest of our interview.

While growing up, Frank's favorite cartoons included GI Joe, Alvin and the Chipmunks, and He-Man, among others. I like Looney Tunes, personally. As an innocent kindergartner, Frank was often oppressed by his teachers, who insisted that he color *inside* the lines. Being a very mature 5-year old, he decided to think differently and color *outside* the lines. Despite his originality, his superiors ultimately stifled his freedom of expression by forcing him again to color *inside* the lines. To this day, emotional scars remain from that experience.

From kindergarten he went on to matriculate at Cornell as a second-semester freshman transfer student. He has found that he likes many things about CBS, including the fact that it's a student run organization and that CBS does things as a group outside Friday nights and Sunday mornings. He enjoys the fellowship of the brothers and sisters in CBS, because he

After solving thousands of simultaneous linear equations in our heads, we came to this conclusion: the food prices had been deviously assigned so that no combination of prices would yield the magic number! Can it be? There is no path to cash-op nirvana!!!

can't get the same thing from reading the Bible or spending time with the Lord (even though those are important too!) Thus far, he describes his experience as a CBSer to be "a priceless experience." In his spare time, he likes to take walks, pray, read the Bible, and sleep. Prayer has been an important part of his life this past semester, as God has taught him that prayer is

the answer, no matter the circumstances. He admires leadership abilities in his friends, but only if that leadership is accompanied by humility and a desire to help others. Frank sees weaknesses in himself that he

would like to improve; he finds that he needs to be more optimistic, and desires more self-confidence and faith. His favorite person in the Bible is Paul, because of his conversion from Saul. Paul's story has shows that God can forgive any sin and can love anyone, no matter how bad that person's past was. Paul was also persecuted as Christian, and that encourages Frank in his walk with the Lord.

As a premed/comm major, Frank's favorite class will probably be COMM 282, which combines aspects of communication and medical science. His least favorite class next semester will most likely be the dreaded organic chem., because he's heard so many scary things about it.

Miscellaneous facts about Frank: he does laundry on Saturday mornings when no one else is, it takes him half an hour to get ready for classes on weekday mornings, and he likes to accompany his ketchup with fries from In and Out. And if you're ever in southern California, you should give Frank a call – it's his sworn duty to take you to In and Out.

Hally Chu

Interviewed by Glennis Lo

Birthday: June 6.

Hometown: Long story, but in short: she was born in Hong Kong and lived there till she was 9.

Then she moved to NJ, where she lived till she was 18. Now, her family lives in Issaquah, Washington. Whew!

"Ithaca hills are alive with the sound of music..." at least for Hally! This freshman girl absolutely loves music. While she goes to Intersity Christian fellowship regularly, she enjoys meeting and fellowshiping with CBSers through the CBS choir. She joined the choir because it's fun and she gets to meet Christian brothers and sisters out of her own fellowship. In fact, if she had to sum up her CBS experience in three words, it would be: music, fellowship and fun! Music also helps her relieve the stress of Cornell. Besides sleeping (which she doesn't really have time to do when she's stressed anyway!), she enjoys relieving stress through listening to all kinds of music...esp. classical and civil war music (interesting!). She also likes singing, mostly praise songs and choir music. And of course, her favorite book of the Bible is Psalms because many of them were made into praise songs. She also loves this book because she can often identify with the Psalmist.

It makes sense, then, that she first heard about God through a radio broadcast. See, she was at her grandma's house once, and she was sooo bored. Since her grandma's TV had only 3 slightly functioning channels, Hally flipped on the radio to listen to some entertaining music. But God obviously had other plans in mind, and Hally instead listened to a radio program that read straight from the gospel of John. Afterwards, a friend invited Hally to church where the youth pastor discipled and helped ground her in her faith.

And that's how she met the Maker of all beautiful music. She says that this year at Cornell really taught her a lot about God. One thing it taught her was the significance and power of prayer. When we asked her friends what phrase Hally uses most, they all said, "Come to Intergroup Prayer!" Indeed, she has learned a lot from meeting every Monday at Rockefeller 132 to pray with her brothers and sisters from all different fellowships (hee hee...that's a plug for intergroup!). She has also learned a lot about grace and patience. She says that one of her biggest pet-peeves is waiting for people who are late. Sometimes, when she's only 5 minutes late to something, she thinks that everybody has left already (even though none are even there). But God has been teaching her patience through that (since everyone at Cornell seems to always be late!).

Hey, guess what Hally's favorite class is? You got it! ...Music 201: Music Diction. This is a really cool class because you learn how to pronounce words in song. Her least favorite class? Government 332:Modern European Government Politics...the Professor's voice puts her to sleep...ZZZZZZZZ.

So, now that you know a little bit about Hally, you should invite her out to a concert or something! But make sure you're not late...unless you want to teach her more about patience. ☺

Jason Chur

Interviewed by Rich Chang

This freshman computer science major (engineering school) was born on November 13, 1980 and comes from New York City (and he's not from Stuy! woohoo!). Technically not a newcomer, he was here last semester and came to CBS, but no one interviewed him...don't ask me why, because he is a nice guy. Like most of us, he grew up watching LOTS of cartoons, and thus likes many of them, but if he had to pick a favorite it would be Voltron. Yes that was a good cartoon. And also like most of us, he has his pet peeves: the toilet paper in the bathroom has to be wound over, not under, on the roll...yeah don't you just hate it when it's wound under?

So...why did Jason come to CBS? After visiting other fellowships, he felt most comfortable in CBS, sort of a feeling of home here. He really likes the praise time at large group, because it reminds him of some inspirational and uplifting retreats he's been to. So he describes his experience with CBS in three words as "It is motivational." Or, "Wow!"

But of course he also misses his home, family, friends, good food, and the environment in general. He seems to be very practical, as the first thing he plans to do when he goes home is "unpack." (whoa...) Three qualities he admires: people who are considerate of others, funny, and spiritually strong. God is the most important part of his life. In fact, his favorite character in the Bible is Jesus, and this semester he's been learning about time management, that God is the first priority in our lives.

To relieve the stress that accumulates daily here at Cornell, Jason likes to sleep. This was a cause of embarrassment once: he was

sleeping in Uris (yeah, why study in the library?) and he rolled off the sofa he was on. Aside from sleep he likes video games, music, anime (like Dragonball Z), bowling, basketball, and karate. And when he gets bored with all that or still has free time, he does laundry...which happens about every two weeks. He hasn't yet taken any classes that he likes, but lots of classes that he doesn't like, including science. And finally, he does like ketchup! He eats ketchup on fries, burgers, eggs (and omelets), and chicken nuggets.

Well, that's Jason for you. You probably already know him since he's been to CBS the whole year, but if you didn't, go and meet him before the year ends!

“Pretty fly for a white guy...”

Interviewed by Jamie Leong

Dave and Eileen Smith are two of our more conspicuous newcomers. Extensive demographic surveys, conducted by only the most reliable sources, indicate that the population of CBS attendees consists overwhelmingly of Chinese-Americans between the ages of 18-25. For fear of stating the obvious, Dave and Eileen are neither.

Regardless of these apparent differences, they have made themselves quite comfortable at CBS. Dave first happened upon the group early last September while wandering around Upson Hall and has been coming more regularly this semester. They have been regular attendees of Tabernacle Baptist Church for nearly 25 years and are involved in its college & career ministry.

Eileen has lived in Ithaca for most of her life. Dave, whose father worked as a church planter, moved around a lot as a child, but came to settle in central New York with his grandparents. They have two sons, Dan and Mike. Dan is 23 and currently teaches high school English in New Jersey. Mike is 17 and a senior at Lansing High School. Dave has also been working in various positions at a book bindery for the past 20 years. He has made longstanding offers to bind and handletter student theses.

He owns a collection of early American antique clocks from the 1830's and 40's and raises birds and fish.

Interviewing Dave and Eileen was certainly an experience. We met at the Oak, which was somewhat foreign territory for them both. They have worked with the college and career ministry at Tabernacle for the past seven years, and talked enthusiastically about their past students. I've seen pictures of Derrick Ong and his family, a past CBS alumnus, several times. They mentioned the names of several of their past students and gave me some background on the current interests of those students. I was touched at the connection they continued to maintain with students who had used to attend Tabernacle. I have also seen them extend this love at CBS and towards students who currently attend the church.

Dave also shared about how his perspective towards college students has changed since he began teaching Sunday school at Tabernacle. Apparently, God has been working in his heart these past few years, and has taught Dave so much through the very people that he used to avoid. He tells me that the people within CBS are very friendly and is impressed at the “depth of spirituality” of the group, seen especially through the praise times and the testimonies. He is encouraged by the motivation and dedication that students have to seek God even while away from home.

Dave and Eileen have ministered to many students over the years and I am sure that these students truly appreciate their love and guidance. *“We loved you so much that we were delighted to share with you not only the gospel of God but our lives as well, because you have become so dear to us.”* 1 Thessalonians 2:8 (NIV). I encourage you not only to meet them but to follow their example as well.

Rob Chen

Interviewed by Tim Feng

I interviewed Rob Chen. Now there was this huge list of questions that I had to ask and I could just go down and list them, but that wouldn't be very creative now, would it? So here we go, we should probably get started cuz the last interview I did was too long and the editor cut it in about half.

Ok, so Rob "Versatile" Chen was born on June 2, 1980. His major here is chem & econ, so I guess that's 2 majors, and his hometown is Brooklyn, NY. Pet peeves include hypocrites and long lines. Now there are only two there, but that's just cuz it's hard to think of this stuff when you're put on the spot, you know? I'm sure you know how it is. Someone asks you a question, and you just can't think of the answer? Too much pressure I tell you! But anyway, moving along, his favorite cartoons are Duck Tales, Transformers (!) and TMNT. (If you don't know what TMNT stands for then I weep for your future).

So what about CBS? Rob chose CBS as his fellowship for the simple reason that it was the first one he went to and he liked it. He didn't do the whole fellowship hopping thing at the beginning of the year (neither did I). Some people say that's lazy, I say that it's being decisive! In fact, yes. His first impression of CBS was, big, and lotsa people, but he did like the atmosphere (otherwise he probably wouldn't have joined CBS!). He liked the praise times and stuff, basically it was a general atmosphere type of thing. Three words to sum up his CBS experience? Helpful, cheery, and infrequent. This semester one thing that God has taught Rob is that you can't depend on anyone else, you have to rely on Him. It's a good thing to learn.

So how about some random stuff? Rob enjoys basketball, music, and break dancing. He spends about 3 hours/day online. That's pretty good if you asked me! Qualities that he admires in a person? Honesty, Love, and being Considerate. Notice the capital letters? That was my idea! Cuz, you know, when someone is talking to you, you can't tell if they capitalize the words because they're talking not writing. I'm simply trying to convey the real meaning of what was said. But on with the random stuff, he does his laundry once per week, and he cleans his room whenever it gets dirty. (WOW!!) It takes him 45 minutes to get ready each morning, his favorite biblical character was Paul, his favorite classe(s) here are French and gymnastics. Least favorite: Math 213. The all-important, how often do you go to class question: getting less

and less. Last semester he almost always went, this semester, he misses about 1/day. He's getting there.

Well, this has been a pretty discombobulated tour of Rob Chen. But hopefully you know him a little better now. If not, well then you'll have to talk to him in person. Perish the thought! Oh, I almost forgot!! This will be the last thing to say! Rob doesn't really like ketchup! BBQ sauce is better! So, there's Rob Chen for you in about 500 words.

Ryan Song

Interviewed by Mike Feng

The room was crowded with the usual clientele. There was no getting around that. No matter how hard you tried, you always ran into a whole bunch of people here. Especially at *this* hour. Too bad it wasn't like that nice lounge I found last time. That hot cocoa was good, even if it wasn't real. But here, there was no good food to be found. Time was running out and I tried to concentrate on my newest recruit, Ryan Song. He had quite a few aliases, RyeBread, Ali, Chihuahua... That could come in handy on some operations. Other than that, he looked clean enough: born on May 11, 1999; lives in Mission Viejo, CA; currently, studies Electrical Engineering at Cornell University. He was first introduced to us by his boy, Allen, known at one time as Morpheus. One note on page 2, "Personal Information" caught my eye: he likes our people and our music, but doesn't like the room. That was to be expected. Our living conditions are not the best in the world. If we had better luck, maybe that would change. I turned the page. More insight into his personality. Misses the beach; wants to go back to CA to chill with his best friend Nancy; admires honesty and humor in people.

Suddenly, the phone in my pocket chirped. Quickly snatching it out, I hit the quick release and the connection was made. I heard a familiar voice.

I need a progress report / It looks good but I need more observation time / You don't HAVE any more time. I need to know now. We got word; our position is compromised / My preliminary sweep isn't done! / Wait, you have company. Get out now!

The connection was broken. Without looking around, I gathered up what was left of Song's dossier and made a beeline for the door. I ran down the stairs and went into the second room on the right. I flipped through the rest of his file as quickly as I could. Watches SES videos to relieve stress; likes to play drums and volleyball; spends 15-20 hrs a week online; does laundry every 3 weeks (underwear being the limiting factor). There. There it was. A transcript of an interview with Ryan himself. "I think something God has taught me this year is that obedience is key." There was more, something about how he spilled a 32 ounce soda over someone's entire lunch. But the decision was already made. I pulled out my phone again and hit the quick dial. I spoke quickly.

He's a go. I'm out.

Just then, I heard a phone ringing in the next room over. Shoot! Wrong room!! I looked out the door and there they were, with the black suits and sunglasses. Time seemed to slow. They started running towards me. It only took two steps for me to get to the next room. Those two steps seemed to take an eternity. Practically bowling over the door, I burst into the room, my eyes frantically scanning for the phone. I picked it up. I could see them coming through the door. I touched the phone to my ear. The world dissolved around me...

Steve Chow

Interviewed by Cliff Chen

"Steve Chow."

"Who?"

"The freshman with the yellow hair."

"Oh yeah, him! Hey, he's a nice guy."

The RPU dinner conversation quickly changed to other subjects. But even though this energetic freshman has only made it to a few meetings this year, he's left a definite presence on many CBSers. Hailing from Flushing, NY, Steve first started coming to CBS in October. He didn't meet many people at first, cause he's not the type to really go around and introduce himself to everybody. At the first meeting he didn't meet anyone at all, but rather just sat there and enjoyed the praise time.

Steve definitely knows how to have fun with his talents. With his friends he's made his

own mp3's (recorded music, not just encoding), had graphics design contests (although he says he can't draw), and created various digital videos. Yes, he is a CS major (and Econ). But before you slate him as a nerd, he also likes to play Mario Kart, basketball, go skiing and snowboarding, and race. Back in NYC he's helped out his friends with their cars, and they've gone to Atlantic City numerous times to join in the races there (legally, of course). In friends, though, he looks for people who have a sense of humor, who aren't too uptight, and who have a good sense of morals. What really turns him off are people who try to be who they aren't in order to impress others, and those who talk too much. Oh and if you're from Stuy, you're definitely at a disadvantage. He thinks Stuy people need to learn to get on with their lives.

In a girlfriend Steve gets more specific. A lot more specific. She has to be witty and intelligent, and the first time they meet she has to be wearing blue flares with a white baby tee. Minor detail, but if you're a girl, and you're interested, it would help a lot. If you're a guy wearing a white baby tee...

One of the biggest things Steve learned this year is not to judge people by first impressions of them. People are generally a lot nicer than you first think. Or, in other cases, people can be a lot more annoying. Something I really admired about Steve though was that he makes it a point not to gossip. Which, unfortunately, made the information extraction process a lot more difficult. But that's a good thing, I think.

So keep an eye out for this freshman/soon to be sophomore. Maybe he'll even make a movie of you!

William Yeh

Interviewed by Jesse Phou

William Yeh (some people call him Will for short) has been a New Yorker since birth (May 19, 1979) and is now a sophomore here at Cornell studying Civil and Environmental Engineering (CEE). William's pet peeves include "self-righteous people" among other things. His most used phrase is probably "whatever" - at least that's what some of his friends have told him.

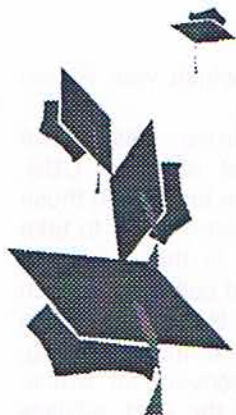
William was first exposed to Christianity through the influence of some of his high school friends and would sporadically become involved

in religious events. It wasn't until last term that he seriously started considering religion's role in his life. William first started consistently (more or less) coming to CBS after last term's Coffeehouse. He has been frequenting the meetings ever since, and this semester, he has also been an active participant in the Bible study YMCA led by Jimmy Lin. William enjoys CBS for the most part, and likes the praise times and praise team. Although it's a friendly crowd, he still finds CBS to be (at times) cliquish in certain ways. One of the things that mystifies him is the guy/girl sitting formation for dinner up on North Campus. He finds it amusing that either the CBS group up North consciously or subconsciously feels a need to segregate themselves in such a manner. William feels that "... perhaps some people are still unwilling to step out of their comfort zones..." It was hard for him, even as a observant individual, to sum up his experience of CBS in 3 words; and so he offered a simple, "I don't know."

When asked what he missed most about home, William responded quickly with "city life." One of the things he would do when he gets home is call up some of his friends to "hang out." He keeps in touch with many of his high school (Stuy) friends, especially since a good number of them are here at Cornell. William admires people who are honest, direct, and convicted in their beliefs. When asked what 3 qualities he admires in himself, this humble individual said he would prefer not to answer such an egocentric question.

William has a lot of interests and finds that they can all be avenues of stress relief. In the line of sports, he likes handball, basketball, and pool. He also enjoys reading a myriad of comics, science fiction, and fantasy novels. He's another piano player of the past and currently aspires to learn guitar. William spends about 7 hours a week online, which includes his 4 hours of dedication to chatting. He also mentions that he spends another portion of time doing emails, which he composes off-line. William claims not to have had an embarrassing moment at Cornell so far. He does his laundry once every 1-½ weeks, and cleans his room weekly. William's morning routine include a 30 minute get ready time, and a short shuttle trip, since he lives in the Gun Hill apartments. As a disciplined Cornellian, William goes to his classes 99.9% of the time, and likes his TAM 203 (Dynamics) class the most. And lastly, William doesn't like ketchup and avoids using it.

William considers himself "a seeker," as one who is in the midst of finding out more about God. One of the areas in which he struggles is the Christian concept of an all-powerful God who is unlimited in any way. He believes that no matter how powerful a being is, he/she/it is still limited in some fashion. But he is very open to discussion of faith, and I would encourage you to talk to him about it when you get a chance. In the meantime, let's welcome William among us, and also remember him in prayer.



seniors

Alice in the Cornell-land

By Evelyn Mok

Once upon a time, there was a tall, slim girl with long hair named Alice. She lived and went to high school in the 'burbs, but attended church in the heart of NYC. She liked Agriculture and Engineering, and thought maybe in the future, she could major in something called ABEN. One day in the end of August of 1995, Alice was playing the guitar and singing praise songs, when a cute lil bunny of Ithaca origin appeared in her backyard. Alice chased after it, but a mysterious rabbit hole suddenly emerged and she fell in, with her guitar and all. Getting up from the fall and brushing the dirt off her khakis, she looked up to see a sign: "Welcome to Cornell-land."

Alice took in the strange and unfamiliar surroundings; "Whatever," she thought. She didn't know where she was or exactly how she got there (rabbit hole? Swarthout?), but seeing the lush green fields and grand college-like buildings, she decided that she wouldn't mind making this place her new home...for about 4 years. "Whatever," she said aloud, and ventured into Cornell-land with some anxiety and much excitement.

"Where would I go to worship God? I don't know anyone here," she thought. As if her prayers were heard and a messenger was sent to guide her, a wise-looking rabbit suddenly appeared by her side. "I know just the place for you," said the rabbit with silver-rimmed glasses, a chain watch, and a Bible. "Every Friday night

at 7pm, I meet up with my friends, whom I collectively call 'CBS', for a tea party...please join us!" Alice wanted to meet new people here at Cornell-land, and so, followed Mr. Rabbit to his weekly tea party.

"Wow!! CBS is really BIG!" Alice exclaimed. Some friendly faces went over to welcome this new member: "Hi! I'm Tweedle Dee, but some like to call me Ham!" "And I'm Tweedle Dum, but you can call me Cliff!" Alice laughed at their silly names and told them hers: "my name is Alice but my family calls me Al." "That's no fun! How about we call you 'Mal', as in short for 'Malice'!?" Alice didn't like her corny nickname too much, but loved the new faces that she just met and settled down with the rest of the tea party. "Every week, we meet up to pray, sing, and share," explained a soft-spoken girl. Alice, who took an immediate liking to this girl and thought they might be roommates in the future, answered, "That's exactly what I want and love to do! In fact, when I find my way home, I plan on helping out with the English congregation at my Church for a year...and then maybe go to graduate school, if not seminary." They talked more about their future plans and their spiritual walk; Alice felt at home.

Every week thereafter, Alice went to CBS and could always be seen standing on the side singing with her eyes closed, a smile on her face, and her hands raised to the Lord. She even played her guitar and sang with the Praise Team for some of the tea parties. It was Spring of 1999. Four years had passed all too quickly, but the fond memories would last forever: watching the beautiful sunsets of Cornell-land, eating at Vietnam, taking Psych 101, having her surprise birthday party in the Townhouses, and being trapped in Tweedle Dee and Tweedle Dum's bathroom while they threw water balloons and fired water guns at her. "There's never a dull moment," she thought with a smile.

"Alice," Mr. Rabbit said, "it's time to go home...your mom misses you." "Yes, and I will miss Cornell-land and CBS very much. I've changed and learned so much since I first fell down that rabbit hole; I used to say 'Whatever' all the time and think that I had a good grasp on life. I've realized that I just need to rely on God day by day, and always be humble." The wise rabbit smiled and took her hand as he faithfully led Alice back to the rabbit hole.

THE END
(til the sequel...)

Bruce Tan

by *Duncan Hou*

Hi CBS!!! I want to tell you guys about a great Christian who will be graduating this spring. His name is Bruce Kuang-Huay Tan, but you may hear people calling him TanTan or Super. TanTan I can understand, but why Super? Well, that's because he is a Chemical Engineer (one of the toughest majors at Cornell). TanTan is from Singapore, but it looks like he will be staying in the U.S. for awhile, because he will be attending medical school at University of Chicago. After medical school, he is interested in putting all his studying into good use by going on medical mission trips serving God (now that's cool).

Well, one thing Bruce will miss most about Cornell is the sweet smell of the fresh air early in the morning (is that from pulling all-nighters or waking up early Bruce?). Bruce will also miss the quality times with his friends, the quiet times he has had here at Cornell at the beautiful places on campus, and the cool grass between his toes from running around the fields barefoot. However, if he could change one thing about his college experience, it would be to have had more fun during his freshman and sophomore years. He says he was still a crazy Singaporean in those days and worked way too hard.

Through his undergraduate years here, God has shown Bruce many things. One thing in particular is, God showed Bruce that he will always provide, regardless of how obscure things may seem at first. God has taught Bruce what it means to love unconditionally. In addition, God has shown Bruce that he is a patient and an awesome God, who will always take back a wayward lost sheep like himself. Bruce's first impression of CBS was that it was a really comfortable and enjoyable place to praise God and spend time with friendly people who were interested in knowing him better. Plus, he was impressed with the amount of really spiritually mature Christians in CBS. Through his years at Cornell, CBS has been a place where he was able to lay down his burdens that he carried throughout the long busy week (he says that's what you get for being a Chem E). Bruce feels coming to fellowship after a long week was like dropping his backpack after a day of trekking. As a senior now, he thinks the freshman are a great bunch of people who are

energetic and very talented, which was shown during their skit at coffeehouse.

Before departing, Bruce has some words of wisdom for the rest of us in CBS: "Make time for people and have lunch with those you don't see often". Also he advises us to take pictures everyday at Cornell, in that way, you can remember the memories of college life when you grow older. Best class Bruce has taken here at Cornell was Theater 280: Intro to acting, it was full of fun and self discovery for Bruce. Bruce, claiming his cooking is the best, advises us to mix juice and sprite (2 parts juice and 1 part sprite). Also, mix really sweet cappuccinos with lots of ice and then pour the coffee in. However, he does warn us not to mix soda floats with softserve, because disaster could strike (hmm, is there something you need to share with us, Bruce, before you graduate?)

Well, Bruce, everybody at CBS is going to miss you. We all know that God has a fantastic plan for you. We wish you the best of luck and hope you return to visit us soon. Take care and Best of Luck in the Future!

Christine Liu

by *Jane Ko*

Next year, if you happen to stumble into the vicinity of NYU, be excited! Why? Because you might run into Christine there.

With plans to become an elementary school teacher, preferably teaching 2nd or 3rd grade, Christine is excited about what God has in store for her. After graduation, Christine will be headed to NYU for grad school. She's very thankful for God's grace in giving her this opportunity! Being in the city next year, she'll miss the scenery here, especially the view of Libe Slope and the magnificent sunsets. She will also miss the fellowship and discipleship here.

Christine transferred to Cornell from Stony Brook after her freshman year, and her favorite semester was urban semester. She's a Human Development major who recommends Acting, THETR 280, as a good class to take. Her fondest memory? Long talks with Mary and Wendy until 5 a.m. and seeing Wendy fall asleep at her desk night after night.

CBS gave Christine a first impression of being very friendly and social, sometimes too social, but it allowed her to grow and learn more

about God—who He is, how much a part of her life He is. God has shown her that He is in control, everything happens according to His timing, and that He is present everyday.

Final words she would like to share: be real with each other, honestly criticize out of love. And get someone to disciple you!

Cliff Lim

by Ryan Song

You see...

...It's all about Cliffy. It's all about Towaco.† It's all about EE. It's all about EMC2.†† It's all about the freshmen. It's all about Eunice.††† It's all about the harem. It's all about CSA semi-formals. It's all about finding a date. It's all about embarrassment. It's all about the Ithaca Gun Factory. It's all about not being able to fit under the fence. It's all about diarrhea. It's all about undercooked chicken. It's all about snowboarding. It's all about head injuries. It's all about thinking you're gonna die. It's all about the memories. It's all about traying down Libe Slope. It's all about being a sophomore. It's all about taking the senior girls out. It's all about chillin' in the Townhouses. It's all about the baptism at BG. It's all about NBA Live '98. It's all about Music 105. It's all about Bill Cowdery. It's all about cramming as many people as possible into a shower. It's all about Mike and Esther's engagement. It's all about the secrets. It's all about Mondays. It's all about free lunch at Computer Science Systems Lab. It's all about John Thomas. It's all about Hughes breakfast. It's all about rotten ramen. It's all about the pranks. It's all about Felix. It's all about the shaving cream. It's all about ingenuity. It's all about decapitating Tweety. It's all about being a senior. It's all about free time. It's all about graduating. It's all about no more prelims. It's all about advice. It's all about the guys lookin' out for the girls. It's all about the girls cookin' for the guys. It's all about playing practical jokes. It's all about trusting in the Lord. It's all about the image. It's all about being the PiMp DadDy. It's all about spending time with the SisTaZ. It's all about GetTiN' tHe MaC oN. It's all about the Maxima. It's all about knowing the limits of the machine. It's all about Hi Way Hi Fi. It's all about the system. It's all about CBS. It's all about friends. It's all about fellowship. It's all about love...

...It's all about God.

† Cliff's hometown in New Jersey.

†† The corporation located in Hopkinton, MA where Cliff will work after graduating.

††† Thanks for helping with the project last semester.

Elizabeth Chan

by Cathy Ho

Do you know Elizabeth Chan? I mean do you really know her? Did you know she's a CS major? Or that her favorite color is blue? Here's one interesting senior you'll wish you had known, (and it's not too late to get to know her!).

From a family of three children in Danville, California—about 20 minutes from UC Berkeley—Elizabeth came to Cornell intending to study pre-med. Like a small percentage of Chinese Christians seeking fellowship, she spent her first semester with CBS but then switched to Crusades hoping to find a more accepting and inviting place to fellowship. Somehow God brought her back to CBS her sophomore year and she has stayed ever since.

By now, you're probably wondering how she became a CS major. Well, by the end of sophomore year, she was still unable to decide. The only thing she had decided was not to be pre-med. She went home for the summer and toiled over this problem. She spoke to her parents, prayed with them about it, prayed a lot herself, and even went to her pastor for help. As the summer came to an end, nothing had been answered. While waiting at the airport, Elizabeth prayed to God and said that she would go into the same profession as the person sitting next to her on the flight to Cornell. On the plane, she was hesitant to speak to the man next to her; instead, the man started to speak to her. It turned out he was a software developer/engineer working for Oracle. There was no doubts in her mind what God was telling her to do.

From this senior who has matured her relationship with God and learned to place her life in His hands these four years in Cornell, she leaves a few words of wisdom: enjoy your experience at Cornell, take Wines, don't stress out, take Psych 101, don't take CS 100 if you don't have to, trust in God's plan, there are lots of interesting classes in the Johnson school, go to Madeline's for the best dessert, Antlers for the

best ribs, and try Moosewood but don't take a guy.

Esther Lo

by Lulu Chen

Undergrad: biochemistry

Grad: education

Hometown: Fishkill, NY

Say goodbye to Esther the Molester, a.k.a. Sweetie. Everybody, in unison, "awwww..." I wonder who calls her that? Here's a hint: Esther's fondest memory is her "fateful dinner with Mike at RPU." [As we may well know, that is true to some extent, but we must take it a step further. What about her fateful rendezvous with Mike on Libe Slope? =)

Four years ago, Esther was a nerd. She was so nerdy that she never went out! All she did was study, study and study some more. Definitely, every Asian parent's dream! But she was no ordinary geek. She was a rebellious and defiant geek, which is quasi-oxymoronic. One of the reasons she did not want come to Cornell was that her parents wanted her to come. But, thanks to CBS, she changed her mind and succumbed to her parents' demands. Esther first visited CBS when she was a pre-frosh, and her first impression of CBS was that the room was ugly. But the people and the sharing & praise redeemed the fellowship. After her first meeting, she cried and shouted with joy, "I LOVE CORNELL!" (Contrary to popular belief, parents are ALWAYS right!)

Four years ago, not only was Esther a rebellious nerd, but she was also a mean, anal and bossy little kid who always bickered with Hamilton. (Whoa, a rebellious, defiant, mean, anal, bossy NERD!) The catalyst of their bickering? Broccoli. Yes, broccoli. (Isn't it comforting to know that our coordinators maintain such a loving relationship and can bicker about something as "momentous" as broccoli?) Because of his strange broccoli-eating habits, she was "very embarrassed by him." Hamilton was an embarrassment, indeed. Therefore, it shouldn't be surprising that Head Honcho Hamilton Ho was the cause of Esther's most humiliating moment at Cornell. One sophomore day, as they were ballroom dancing, Hamilton, thinking he was all cool and spiffy, purposely dropped Esther. "You think you're all that, Ham? GET OVER YOURSELF!" (Get over yourself is her most used phrase; however, it is

only used towards Hamilton. Also, as I was interviewing her, I noticed that her most used adjective was "weird," but maybe because she was talking about Hamilton...)

Luckily (hopefully), they have matured. After being here for four years, Esther has become more aware of God's grace. She now understands that we all stumble but God will continue to bless us. Also, she now realizes that everyone will come to a point in his/her life where he/she must surrender everything to God. It is not just about quiet times or praying. It is not about what one gives up and does not give up on the venter. But it is about surrendering one's will.

Now that she is older and wiser, she is ready to encounter the real world. Yet she awaits this new stage of her life with mixed feelings. In the future, she plans to teach, marry [quoting her verbatim in a follow up, "definitely marry], have two kids, and be involved in the ministry. She also wants to write a book when she's OLD. (Like, NOW?)

Molester, thanks for the memories and many laughs! You will surely be missed!

Esther leaves these words of wisdom:

(To the Class of 1999, Wear Sunscreen. Stay in Northern California until it makes you as soft as melted butter).

-Study hard. However, you should not be obsessed with work. DO NOT be like pre-med people! -Get a jacket with a hood because umbrellas don't work. -Coming to Cornell IS a privilege. -Take advantage of your days in the dorms. -Build good friendships. -Keep a journal to keep in touch with your feelings. -In CBS, people are always pushing you to lead. Pick one ministry and do it WELL! -Go to Sunday school at Bethel Grove. -Take advantage of the library at BG. -BGR tips: DO NOT TRAIN WITH SOMEONE OF THE OPPOSITE SEX!!! [Unless you want to marry your trainer.] Pray and remember that BGRs take time. It isn't a 4 credit, five-hour class with lab! [And if it were, I'm sure you would have gotten an A+]

* Since so much has happened to Esther since the interviewer wrote up the interview, and since the interviewer is a lazy bum who does not wish to rewrite the interview, the interviewer has taken the liberty of inserting bracketed revisions. The parenthetical comments are from the first write-up.

Hamilton Francis Ho

by Joe Cheung

What was your first impression of CBS? Hunky guys? Blazin' girls? Well, Hamilton Ho, a Boston-bound senior in Operations Research, found himself asking "Why is everyone black?" Four years later, after various brawls concerning a stolen copy of "Super Tennis", surviving the harrowing course that brings chills to the hearts of those who hear its name, Music 105 w/ Bill Cowdery (that's sarcasm), wearing a dress and enjoying it (EN. ahhh.. too much info!), and various other confidential adventures, Hamilton is finally leaving lovely Ithaca. And though his greatest fear is getting beheaded, God has used Cornell to prepare this soldier for the war that rages throughout this world. And though Ham may fear being alone out there, he can definitely take comfort in the fact that "surely I (Jesus) am with you always..." (Matt 28:20)

As a freshman, though he did not see the need for soap (trickle down effect!), Hamilton thinks he was very serious. And he says that now as a senior, other people think he's serious too! (Hamilton promised to leave me his seriousness...excellent.) What brought about this change? It all began his sophomore year at the Urbana Missions Conference. There he realized that loving God involves much more than just words: it should be your whole life. Undoubtedly that was important as he struggled that year with choosing a major. Yet the Lord led him and continued to lead him as time went on, teaching him many new lessons. Through summer projects such as Wildwood, Ham began to learn more about the true worth of the gospel, and he began to commit his life more and more to God. God began to give Hamilton a larger perspective on things and opened his eyes up so that he could see things from His perspective. This brought about a change in Hamilton's attitude towards things.

What is Hamilton's attitude now? "Don't settle for complacency. It's the best advice I can give" (second to "don't study too much"). Through his four years, Ham learned that you can never be too comfortable, there is always something new that you can do for God's glory. He sees his participation in the musical *Grease* as an example of how God helped him to get out of his comfort zone. (EN. yeah.. too far out for some of us!) God does not call us to be comfortable, He wants us to go where He sends us for His glory, and it's almost never easy. This

attitude drives Hamilton to try to base his life on Romans 12:1-2, offering his body as a living sacrifice.

Has Hamilton matured? I'd say so. It's been a privilege for me to get to know Hamilton this year, as a coordinator, a Bible study leader, but most importantly as a friend. CBS has definitely been blessed to have him for the past four years. He will truly be missed. God bless, Hamilton.

Jaleen Tang

by Amy Tan

Welcome to the world of Jaleen Tang. An exiting senior, Jaleen, sometimes called Jello, is from Bethany, Connecticut. Majoring in ORIE, Jaleen's plans for the future include getting a job, living (thank goodness), and being happy. So wanna hear how Jaleen's past four years have gone? I know you do. Here goes. Jaleen's first impression of our beloved fellowship was that it was a very social group. Here's the cool part-Jaleen became a Christian in the spring term of her freshmen year and ever since she has learned how much cooler life is as a Christian. So you wonder, what has being in a fellowship done for Jaleen aside's from leading her to Christ? CBS has held her more accountable for all of her actions. As a senior, Jaleen has many fond memories of her underclassmen years. Such as the time when she was at Princeton for the Color Guard, and she dropped her flag much to the amusement of the Princeton audience. As a freshmen, Jaleen was quite the hyperactive one, or as she says, "a spastic freshmen". Although I must admit she still has a lot of energy even as an old senior! Her fondest memories of Cornell are of class get-togethers which were always fun because her class is super silly. But as she heads off towards a new life, what she'll miss most about Cornell is the great campus and the beautiful scenery. Venturing out into the real world has its excitements though, and Jaleen looks forward to making new friends as well as keeping in touch with old one's. Jaleen leaves Cornell with only two regrets, and these are that she wishes she had chosen her major earlier and that she had worked harder. (EN. bah! work...) Jaleen also has two pieces of advice to give to us young'uns: Don't let others tell you who you are, find out for yourself. And go to the Dairy Bar to get sticky bunz ice cream, it's

yummy! (EN. too bad SOMEBODY is banned from ice cream!) So ends my interview with Jaleen. Want to find out more about this gal? Do it, you still have time.

Jeremy Chua

by Rich Chang

Nickname: Jeru (from Cliff Lim)

Jeremy, from Toronto, Canada, is pretty much set for the future. He will graduate soon and then he will be heading out to work for General Electric in July. If you don't know him, it's probably cause he doesn't go to CBS as often as he did freshmen to junior year. In fact, when I found out I was interviewing him, I thought the name sounded familiar. But this was because he was an RA in Dickson my freshmen year.

Anyway, when Jeremy first came to Cornell, a senior who had gone to the same high school with him introduced him to CBS. So his first impression was that CBS'ers are friendly. I agree. For Jeremy, being in CBS was a positive influence on his college life here, because at home his church was attended mainly by older people. Being with people his age who believe was encouraging to him. And God has shown him LOTS of things since coming to Cornell, as is true for many of us. One thing he learned is that our faith is always growing, that true belief doesn't happen immediately, but takes time to grow.

Jeremy has many memories of his years here. One humiliating moment was during his freshmen year: he was on the CBS IM basketball team and they lost to Ujamaa (big height advantage...) 99 to 6. Wow, that's worse than the Bulls are doing this year! Also, as a freshmen he had a shaved head but lots of facial hair, such as a goatee. Now he has a "conservative" haircut (his words) and shaves. Overall, he had a good college experience, but if he could, he would have liked to keep in touch with more people, since it's hard in such a big, diverse and spread-out school, especially compared to his high school where his graduating class had only 60 students. So he will miss the people here the most when he leaves, and the school in general. As a senior though, the best part comes once (if) you know what you'll be doing—career, plans, and this gives you a lot more freedom to relax. It was hard to relax as an underclassman, as his

biggest challenge was (as is true for many of us) academics. As a senior his biggest problem was dealing with the fact that there's no more school, that he would be going out into the real world where things are different. And his favorite stuffed animal? A "Rocky" teddy bear that came in a jumpsuit...I still can't picture it...

Finally, Jeremy leaves us with many wise words. First, DJ'ing is a great way to meet people (he started DJ'ing his junior year, at parties and other events)! The best dining hall food? Cross-country dining specials. The scariest thing about leaving Cornell? Can't be a kid anymore. But the best thing is no more homework (that sounds so nice right now)! Words of advice to underclassmen: make the most of your short time here. And definitely take ballroom dancing!

Jesse Phou

by Gene Tsay

I had the privilege of interviewing Jesse Phou. He was the one who interviewed me when I was a freshman. So now it's payback. HAHHAHA! I'm just kidding. Jesse "I pity the" Phou is a Materials Science major from Houston, TX. If he could change one thing about his college experience, it would be his major; he jokes about switching to do Food Science so he can make ice cream flavors. The Phouster's first impression of CBS was that it was a fellowship of many mature and friendly people. He's liked the fellowship for the guidance and support that he gets from fellow brothers and sisters.

Jesse Phou Man Chu's fondest memories of his time at Cornell were during his freshman year. He used to play ping-pong a lot at RPU w/ a bunch of friends. And often times, they'd sit on the benches and talk till the wee hours of the morning. As a freshman, he found it hard to get to know people. But through the years, he's learned to be more social and more open to ideas. God has shown him many things in his years at Cornell. He has learned to trust in God a lot and that life isn't always going to be a smooth ride (and that includes your relationship with God). He defines his relationship with God as "bittersweet." Even when times are tough, there is always hope that can be found in God, and He will always be there.

Just an interesting fun fact, Jesse used to have a stuffed dog, named Doggy. His parents originally gave the dog to his sister and gave him a panda. He wanted the dog and his sister wanted the panda, so they traded. Awwwww...=)

Jesse has much wisdom/advice to share with everyone. Be excited and passionate about at least some things in life, and go at it with all you've got. Try to not be in a position of comfort, for that is dangerous; do something to continually challenge yourself. Be humble. Love one another. Love God, for this is the wellspring of life. Love heals. Don't try to rush God. Be patient. Visit other fellowships and get more exposure to other styles of worship. Have non-Christian and non-Asian friends. Take CS 130 and Music 105. They're both easy. Eat at Jansens for Sunday brunch. Try the chicken quesadillas at Okies.

If Jesse could be any character in the Bible, he would be David. David led a full life, and knew God's grace and freedom. He was able to talk to God and God showed him what to do.

If you haven't had the chance to meet this great brother, fear not! He will be back next year for his M.Eng. I encourage you all to go talk to him.

Jimmy Lin

by Frank Yang

WARNING: CBS girls are shorter than they actually appear!

"In the beginning, God created the Heavens and the Earth..." (Genesis 1:1) And then He created James Lin. Created with superior pranking and volleyball skills, Jim decided to settled in Rochester, NY. Jimmy was bored (nothing else was created yet!) so he just played video games and read books all eons long while hugging a teddy bear that looked like Fozzie since he didn't have any other stuff animal. Whenever he got tired of that, he would practice his famous: sit, slowly nod while going "hmmmm..." Finally, it was the twentieth century and Jimbo decide he really had to do something with his life besides playing Starcraft and Command & Conquer and watching Transformers, so Slim Jim went to Cornell.

At first, he was terribly afraid that seniors are going to beat him up (esp. Felix and

Dave Wu) but soon, Smelly Lin learned to open his eyes and became more aware of the world around him and he developed a heart for the world. All this came about because he frequented John Thomas and Chef Wang's. Cheapo grew wise on the diet of steak and stir-fry throughout the four years and besides majoring in biology (nutrition), he also learned the ultimate wisdom to "never get Chef Wang angry!"

Through CBS, he has experienced much encouragement, gained and served, and had lotsa fun. However, it was sometimes hard even for Hot Legs to step out of his comfort zone, learn how to manage his time, snowboard, and try to play vball like Clarence! But whenever these little things would get him down, he didn't have to think of raindrops on roses or even whiskers on kittens for all he had to do was remember the time when he chucked a snowball and Paul Kuo got smacked right in the face as he popped his head out from behind a bush; or the "month-old Ramen noodles!"

Despite being able to accomplish so much in college with his superhuman abilities, Jammies wishes he had been an RA, was a part of the Glee Club, played a varsity sport, or met more non-Christian/non-Asians. But it's all good because he took his favorite class, golf, while rummaging through dumpsters near the end of the year for that's where all the good stuff is! In addition, he learned quickly that "if you're off meal plan, learn how to get bonuses, FAST!" Armed with that knowledge, he was able to "make the most of every opportunity- especially pranks!" However, he had to "pray more!" and understand to "never miss a Cross Country Gourmet meal."

Soon, Turbo Snapper will be going to med. school to become a doctor. Jim Bob is sad for he is leaving his beloved CBS ("But don't let CBS suck you in"), leaving the scenery ("If you want to bust a rib, tray down Libe slope"), may be losing contact with people, and he may be never getting free stuff again ("get the most out of your tuition by maximizing on getting free stuff"). Nevertheless, armed with his dorkiness and annoyance with people who aren't sincere or steal toilet paper from him while he's takin.... uhh... in serious need of it, he's ready for the challenges and overjoyed at the prospect of living in a *real* city. <sit, begin nodding> "HMMMMMMMMMMMMMMMMMMMMMMMMMMMMM....." The hard-core Christ-loving Jimmy Lin is ready!

Joy Huang

by Mindy Liu

She is most definitely not the ordinary girl. In fact, she is quite bold and daring. As a first grader, you would spot her not playing with dolls, not jump roping, but rather chasing a certain boy during recess in order to steal a kiss. Can you guess who yet? Joanne Huang—who is more commonly known as Joy or Boy. This senior who loves chemistry and polymers (mind you, many of us do not even know what a polymer is) plans on continuing her studies at Princeton University towards a Ph.D. and hopefully a Mrs. as well. Can anyone say superwoman? (NE. some of us say shoopier.)

As she reminisces back on her Cornell experience, Joy declares that she would love to be an underclassman again. Her best time at Cornell was during her first year because of the many friends that she made, especially with the seniors of CBS. In fact, the only challenge as a freshman was in knowing that she had to eventually become an upperclassman. But, her fondest memory dates back not to her freshman year, but to her sophomore year when her good friend, and roommate at the time, managed to arrange for Joy to attend VC with the guy of her dreams. It was not so much the fact that Joy got the opportunity to attend this formal with a great date, but that her friend was so thoughtful in doing this for her. She is thankful for the memorable experience and the fact that God placed such a caring sister in her life. Naturally, Joy's advice towards friendships is that if you have a good one, don't lose it. Furthermore, she wisely adds that you don't know the strength of a friendship until it faces trials.

With a nostalgic sigh and smile, Joy admits that she is really going to miss Cornell and all of its beauty. Each time she walks from Ho Plaza towards Uris Library, she can't help but stop and enjoy the breathtaking view that overlooks west campus and Cayuga lake. Even more so than the campus, Joy is going to miss the people and the fellowship. There is no doubt that God has truly blessed and nurtured Joy through CBS in providing her with a family of encouraging brothers and sisters. She is grateful for the many lessons that God has taught her, the most significant being that He has shown Himself to be a part of every aspect of her life. In all that Joy does, she knows that God has His hand over everything. Perhaps this

explains why she doesn't know the meaning of the word stress.

All in all, Christ truly shines through Joy and CBS will never meet another character quite like her. Best of luck, Joy, in all that you do and may He continue to pour His blessings upon you.

Mary Yee

by Mary Yee (via Dora Chi)

(EN. These are Mary's own words.. taken out of context, of course. But it's real, it honest, it's poetry... that she doesn't know she wrote.)

“Mary Bo Bary”

Somewhere, but not sure where at the
moment,

Queens, New York,

He desires to know me personally,

He has a perfect intricate plan,

We're all in process,

encouraging brothers and sisters

CBS is wonderful,

full of Asian people...

culture shock,

Get to know people from other fellowships

God's never given up on us and He never

will...

His awesome love.

I felt weird “killing off” random people
really?

It's me! I'm the mafia...

Biology,

Balch room

Really convenient to roll out of bed (after a
nap)

Truth and love

Those who don't know Jesus

God's grace is too abundant

Out of my shell

You get to play with little kids!

I like cats

Friendships will be long-lasting

People-resources

Close distances

Enjoying school... usually after finals
Cold-sunny-wintery days
Wendy falling asleep on the couch
While I would eat up all the
Cookies/brownies Christine would bake
Free time to veg
Stuffed animal dog filled with sand... I
Named it "yellow dog"
Comfortable just being myself
Isaiah 40:31 "Those who hope in the Lord
Will renew their strength.
They will soar on wings like eagles; they
Will run and not be faint."

Melody Ou

by Melody Jiang

Melody interviewing Melody? When I got my interview assignment, I knew it was going to be interesting. Up until our conversation in the Ivy Room, I didn't really know very much

about the senior girl who shared my name. But after an hour and a half, I found that we had a lot more in common than our names. A Queens, NYC native, Melody is also known as Mel, Smel, Smelody, Smellorina, Mello (MelOu), and Paco. (Paco?!) She is a Biology major, concentrating in Ecology, and will be taking a year off before heading to grad school to study physical therapy. Her favorite movies are classics -- *Roman Holiday*, *The Sound of Music*, and *Anne of Green Gables*. Favorite stuffed animal? An octopus-like creature with an orange head and banana legs that her dad gave her: "Oranana".

Melody enjoys eating at Hughes and Sunday brunch at RPU. As for study spots, she prefers Sage Chapel, where besides studying, she can pray, play the piano, and even sleep in the pews! She also likes Olin 7th floor, the Uris circulation room, and Libe Slope.

Interestingly enough, Melody's college experience seems to parallel my own high school years! She started out being extremely shy as a freshman -- always known as one of the "nice sweet girls from Donlon." In high school, she tried not to be noticed. She didn't talk to people, but she felt that she was still part of the conversation because a lot went on in her head -- she just didn't verbalize it. Once someone even asked her if she was a mute!

Over time, she came out of her shell, and now, though still a little shy, she is much more outgoing than she used to be.

Like me, Melody attributes her personality change to God -- knowing Him more gave her confidence. CBS was also an important factor. When she first arrived, her shyness got in the way of getting to know people, so she felt uncomfortable at CBS--until the end of the year, when the freshmen were in charge of Fellowship Dinner. Working together helped her to build friendships with other freshmen. Looking back, she observes that "it all depends on your attitude. You have to be willing to make relationships work." The brothers and sisters she met at CBS also helped her to grow spiritually. Before, Melody had been going to church her whole life, but it had always been a "social" thing. It wasn't until she came to Cornell that she finally learned what it was to walk with God.

When asked what she will miss most about college, Melody responded, "Living with my peers and friends 24-7 -- you learn everything about them." When she goes out into the working world, it will be much harder to establish the same kind of closeness and fellowship with others.

Here's Melody's advice for us underclassmen: "Pray for specific things and be expecting Him to answer... He might say no or wait, but He might say YES!...Meditate on the Word. Chew on it... kinda like a cow chews... slowly. They swallow but it gets regurgitated and redigested again....Digest [the Word] and give it time to be absorbed by your mind, body and spirit. Really struggle with the "hard" issues and don't let doubts fester in the back of your mind...Know what you believe and why - don't just accept what others tell you, find out by going to the Word and know for yourself...I really pray that y'all won't be just lukewarm in your faith."

Melody has several favorite verses to share (Philippians 4:4-7, 2 Corinthians 4:7-9, 16-18), but there is one verse that really spoke to her as a freshman when she realized what it meant to trust God: "Trust in the Lord with all your heart and lean not on your own understanding; in all of your ways acknowledge him and he will make your paths straight." (Proverbs 3:5-6)

Susan Wang

by Selina Lee

Don't look down on Susan just because she is small! She has all the fun in the world! When she was packing to go home for spring break during her sophomore year here, she decided to pack herself! Yep! You heard me. She snuggled into her suitcase and fellow CBSers zipped her up. Jimmy (Lin) even picked up the suitcase and carried it around. One thing he didn't know, though, was that Susan's head was at the bottom of the suitcase so every time he put the suitcase down, she hit her head!

Come to think of it, Jimmy causes ALL of Susan's injuries! During freshman year, when a whole bunch of them got together to make "Chung Yeow Bang" (crude Cantonese sound interpretation-AKA "scallion oil cookies"), Jimmy threw a whole lot of scallions in a pot which made the hot oil sizzle and pop up. It landed on Susan's hand while she was cutting scallions and for a long time, she had these bubbles which turned into scars.

Besides painful (yet fun) experiences, she shared her most touching one too! During her sophomore year fall semester, she was at her engineering COOP job, located in Chicago. It was her birthday on August 31 and was feeling pretty much alone. When she got back to her apartment, she had a lot of messages on her answering machine. The one that stuck out to her most was one that Val sent her because besides hearing Val's voice, she also heard a ton of peeps from CBS wishing her a happy birthday! sniff sniff. . so sweeeeet. (EN. awwwwww!!!)

Another fun experience was when she lived in a townhouse. She shared how a bunch of maybe 8 of them (seniors now) would squeeze into the incy-wincy showers to take pictures!!!!

Her underclassmen years were also marked by difficulties that she had to overcome. She had a continual desire to go back to Texas throughout the semesters because she missed home a lot. She also had some problems with academics in the Engineering school and with learning how to relax. As a senior, she is struggling most with doing work and thinking... !! As words of wisdom, she wants to tell all you peeps to "NEVER GIVE UP!"

Susan came to Christ before her freshman year of high school. Yet throughout the four years of being a Christian before Cornell, she felt that she needed to grow more. Back home in Texas, she didn't have a fellowship to attend so as a result, she and a

couple of her Christian friends would get together to have their own Bible studies. Bible studies consisted of the group of them sitting in a circle, flipping through the Bible to see who can find the best verse, and discussing that verse. She felt that she lived two separate lives back then: one that encompassed God and the other that didn't. It wasn't until she came to Cornell, that she learned that only one life was right. After this realization, she learned how to mature in Christ.

Originally, Susan attended both CBS and Navigators (who used to meet on Saturdays). She liked Navigators a lot because of their intimacy of only 15 members. Yet due to scheduling difficulties, she slowly stopped attending Navigators and continued on with CBS. Her first impression of CBS was that there were so many people! But she remembers that she walked into CBS with Val whom she had just bumped into on the way there.

You'll find this sister on the Love Boat this summer learning Chinese and in THE City (yes, NYC) after that.

Valerie Kwong

by Priscilla Ng

Why Val looks so good in a catcher's mask:

She's from LA. I think that explains it all. But some of you might not be too convinced that growing up in So. Cal. makes all the difference- granted, nobody *naturally* looks good behind an iron mask like that (including Leo diCrapio)... So here's the story of Valerie Kwong and how she came to be the star CBS softball player she is today.

Before she was an outgoing, party-hardy, aspiring X-Men (hence ooh-so-cool nicknames Diamond and Storm), Val was just a small outgoing freshman hotelie from a totally nice part of LA called Pasadena. And though from the words that often escape her- "Dude... my life SUCKS. You're retarded- I hate you..."- she might seem a little "FUSstrated" with stuff, it's probably just the struggling X-Men (yes, as in the comic/cartoon) in her talking, because otherwise, I have known Val to be a super-caring senior who was one of the first to show me what it means to be in a fellowship.

It's ironic though, because when Val first went to CBS freshman year, she hated it! I kinda agree that CBS grows on you ... and eventually what she found in our fellowship were

friendships and accountability which have let her grow and have the fire to actively seek out who God is. But she said she hasn't changed that much since her freshman year though I find it hard to believe that she was always this mature and composed. Has she never been a spazz or done dumb things like trip over her feet? Is there no hope for us freshman who aren't already as perfect?! <sigh> But I guess that isn't to say that Val hasn't had her share of trials and challenges. She said that through her experiences at Cornell, she has learned to depend on and trust in the Lord. And one of the hardest things for her throughout college was discerning how to lead a Christ-like life and not be influenced by non-Christians even though it's been really important for her to make sure she keeps her friendships that have formed outside of CBS.

As she gets ready to charge through the world beyond Cornell, Val is sure that God will be there with her even though she doesn't wanna grow up (haha.. cuz she's a CBS-kid..) She's loved being at Cornell with no worries, lotsa *Grease*, and friends all around, upstairs, downstairs, down the street... But Val, what's there to complain about?! She's going to be working next fall buying big buildings or something in the coolest place- NYC! And she's going to be living with her good friend Susan!! aiyahh.. so exciting! ☺

I'm not even going to start with the funny/hilarious/insane times cuz that would be like her whole life story. So...Valerie says: PARTY HARD! Eat when you're stressed. FEMALE BONDING IS GOOD. And don't turbo (I forgot what she meant by that though...)

Ok so I didn't totally figure out what it takes to wear a catcher's mask with style the way Val does. So. Cal spunk? Spastic-ness?? A tan-able scalp? who knows... I just say it's gotta be the X-Men in her.

Wendy Kwan

by Renie Chow

Q: What do April showers bring?

A: May flowers.

Q: And what do May flowers bring?

A: Pilgrims!

Witty Wendy, soft-hearted big-smiling maroon-loving 'Ask About'-training prayer partner of Priscilla Ng, has a large assortment of

corny jokes to tell the willing listener. I didn't ask her if she liked CORN (haha), but this senior loves RPU ice cream! Wendy is an ARME major who plans to do social work in New York City upon graduation, a natural vocation for someone with a heart for people. Actually, her favourite (EN. excuse the Toronto-an interviewer for her pour speeeling!! heehee) praise song is "There is none like you," because of the line "Suffering children are safe in your arms."

When Wendy first stepped onto Cornell campus as a freshman, she wasn't a Christian. It was difficult for her to adjust to university life, not only because she was incredibly quiet, but also because of the challenges that accompanied living in a triple room in Dickson. She learned what it meant to have a personal relationship with God in her sophomore year, and shortly thereafter entered the world of CBS for the first time. Here, Wendy was impressed by the great love CBSers had for God, and got to know some people who made a lot of difference in helping her mature spiritually, as they were always ready to answer her questions. Throughout her Cornell career, God has shown her the delight that is found in seeing how He works in her life and in the lives of others, as well as the power of prayer. This year, Wendy has found it particularly challenging to balance her academic and on-campus work commitments with finding a job. One very real fear is that of not having a job, and not knowing where she will be next year. But even with a trying senior year, she still says with a smile that her fondest memory when she moves on will be "all of Cornell." Without a doubt, she will miss being able to see her friends everyday (especially living with Mary and Christine and staying up really late to talk), but she's definitely looking forward to life without all the schoolwork!

Wendy's favourite book in the Bible is Philippians, because of Paul's blazing attitude and joy through his struggles, and her most-loved passage is Matthew 6 (especially verse 33, "But seek first His kingdom and his righteousness, and all these things will be given to you as well"). Her favourite childhood toy is an Alvin (from 'Alvin and the Chipmunks') toy, which can say, when his string is pulled, "I love you!" Wise Wendy has lots of good advice: "Don't get caught up in work... Value friendships here... Don't worry about the future 'cause God will take care of it. Get sleep!" And Water-colouring- Wendy recommends the Water Colours class offered in the Ag. School (EN. where she learned that taking a class pass/fail

means you can skip it without getting in trouble!!), as well as the Art of Teaching class. She is certainly one senior whose loving dedication, quiet leadership, and Christ-like humility we all profited from this year. And we'll all miss her natural sense of humour! After all, she is the only person I know who doesn't tilt her head back when drinking out of glasses! And few people have funnier jokes! Wendy, by her example, will leave us with a reminder to approach our lives with thanksgiving and joy. As she always ends her emails, "Smile! =P!"

(EN. More Wise Words from Wise Wendy: *If God gives you a cookie, you should eat it!!* -she came up with that herself, mind you!)

a college year older and wiser

Dan Wu

by Joe Chau

Take a good look at him now, because in August this man is going to be wearing one of those cool Intel spacesuits. Well...not exactly. But he is gonna be marrying his favorite person, Agnes, this summer and moving to Portland, Oregon to work for Intel. Who am I talking about? It's the one and only Danny Wu-tang. Hailing from Cincinnati, Ohio, after being born in Taiwan and living in Brazil (only a few months) and Fort Worth, Texas from K-8, Dan is finishing up his last days at beloved Cornell University studying EE.

As a freshman, Dan lived in good ol' Donlon, where every freshman should live (I nodded in agreement). He was a very quiet guy and he didn't get along with his loud, rap-loving roommate. (EN. don't tell me Dan's not a hip-hop fan!!) But that helped to build his character.

He quickly found a home in CBS. He felt he belonged there and was comfortable there. Being in a fellowship made his college life all the better. Dan believes that all Christians need fellowship with other Christians. Fellowship with non-Christians is good but just isn't the same. Being in CBS was an integral part of his spiritual growth. Following the saying of the teacher is the one who learns the most, Dan grew from his experiences in leading the praise team last year and leading Bible study this year. God has also shown Dan that He is always there. The Holy Spirit is with Dan 24/7. Dan has also learned that his actions have to reflect God's presence in his life so that he does not grieve the Spirit (Eph. 4:30). And what's been going on this semester? PCB! Coming back, Dan has had a heart to reach out to people as he has been better equipped to evangelize and witness to people. He also learned to not leak passion (ask any PCBer for explanation).

I continued to probe Dan Wu a.k.a. Pazu, and he cited his fondest memories as going to PCB and staying up late talking about anything and everything with his roommates his sophomore and junior year. His biggest challenge at Cornell? Academics. He began to name the murderers row of classes...CS 211, EE 310, EE 554. Dan was also too cool to own a stuffed animal at the age of 5, either that or doesn't remember. (EN. too cool, I'm sure!) He also tries to avoid being humiliated, either that or he can't remember any such experiences.

Finally some parting words that I will throw out randomly: Keep it clean, hi-speed Internet connection is a must, blast some Christian rock, let it come naturally...don't force it, Okie's is a joke, The new and improved Wegman's, Hong Kong restaurant, Music 105, green, butter pecan, 315 Dryden, Roger the rabbit (not to be confused with the movie).

Hubert Siu

As interpreted by Allen Hou

What an interesting guy! Check out these cool facts about this supercool grad:

He is a CS/EE major. His future plans (in order): get a job, get a car, get MBA, get a house, get a girlfriend, get a wife. (ok, the order of g/f and wife aren't really like that. In fact, they could be attained anywhere.)

Some of his nicknames are Hu, Hube, Hubie, Hubieburns (because his sideburns grow

REALLY quickly), and PUBIE! He's from Hong Kong and Toronto, eh????? His first impression of CBS was that everyone was worshipping with all their heart and they were praising God with joy. Through his Cornell years, God has shown him His love through others in fellowship and how to love one another (1 Corinthians 13:4).

His most humiliating moment at Cornell was when he was soaked from head to toe with slush and salt on a dark, wet day from the splash of a car. If he could go back and change his college experience, he would try to use his time more efficiently and hang out with more peeps. His fondest memory was when Clifford Lim gave him a mohawk haircut. Those were good times...

The biggest thing he will miss when he leaves the University is CBS cuz of all da encouragement he gets from peeps. The best part of grad-hood is getting the diploma and more detailed study of his major. His fave stuffed animal would have to be the baby kangaroo that he ripped out of the mama kangaroo. It was cute and it had no name. Words of wisdom!! Try to balance your life with work and play – make many many friends. Fave place to eat would be the fine establishment of Hong Kong eatery down on good ol' Dryden. His fave food is Bird's Nest Soup, otherwise known as Steamed Baby Sparrow's Spit. It is a delicacy, trust me.

The scariest/best thing about leaving Cornell for the REAL world (not MTV) would be meeting new peeps and finding a good church to go to. There are free drinks if you go thru Upson to Rhodes on the fourth floor. Really! The best class would be CS490. Cuz it rules! His favorite color is green... as is mine... if that means anything to you. Favorite ice cream would be strawberry, because pink is pretty.

What a great guy, this Hubert. Too bad he's leaving. We'll miss you dude! God bless!

One of the only Interviews Granted by the Elusive Jerome Garciano

by Austin Wei

Sitting in the memorial room, Jerome Garciano rests back in his couch with an air of experience that only a fifth year architecture student can possess. In the background there is someone playing a butchered version of Heart and Soul on the piano. We both grimace at the

plunking of keys. With one arm rested on the top of the couch he looks to the floor and struggles with the question put before him. He chuckles to himself and then looks up. "Mochahontas," he says, "don't ask why..." We both quickly abandon the subject of a nickname. Jerome is a man with his sights and goals set before him. After he finishes up his Cornell career, he plans to work for a little while. But after that he plans to head towards the wonderful city of Boston. It is there where he plans to go to government graduate school at Kennedy. I asked him why he plans on going to government school. "low income housing, more preferably non-profit." Turns out that Jerome Garciano plans on taking these two different degrees and melding them together into government housing.

But Jerome Garciano was not always as refined and as wise as he is now. In fact, the first time he came into Chinese Bible Study he actually thought it was the Korean Bible Study. He was originally looking for KBS, but he found CBS by accident. He sat through the whole CBS Friday meeting not realizing that it was CBS. It was only when the announcer welcomed the group to CBS, that Jerome realized where he was. He introduced himself as a newcomer, and confessed that he thought he was in KBS. So some CBSers showed him where KBS met. "One of my first impressions of CBS was just how outgoing some people were—people like Joy and Mary Yee. I think the good thing about a fellowship is the fact that you have people that share that one thing, that one common bond, Jesus." But Jerome also sees a fellowship as having its pitfalls too. "A fellowship can also put you in a comfort zone where you don't go out and meet people," he warns. So go out and meet people.

"I think one thing God has taught me was to trust in Him more. Don't plan ahead without Him. I think that is the main lesson He has been teaching me over the years. But specifically for this past year. The Bible study I'm in is learning about understanding prayer, and praying in the Spirit" When asked if he had a stuffed animal, he replied, "yeah I had one when I was five, it was a Curious George."

"Get to know your brothers and sisters from different fellowships, they can be a tremendous blessing. And involve yourself in other ways in Cornell besides fellowship" are just some words of wisdom Jerome feels are important for people to realize. "Take a lot of pictures and keep an album. Study abroad in

another country for one semester. Early to bed, Early to rise. Explore Ithaca, it has more to offer than you think." but perhaps the most important advise Jerome has to give (at least in my opinion!!) " EAT AT EVERY RESTAURANT IN ITHACA IF YOU CAN!!!!"

Jin Xu

by Eunice Chu

While I was interviewing Jin, I kept thinking how sad it was that she would be leaving Ithaca because I'm only beginning to get to know her now. As we sat face-to-face over her home-cooked meal (yummy), I learned about her "wild", early years and about her spiritual growth since having come to Cornell.

When I asked Jin about a memorable childhood experience, she told me about the makeover she gave her red-haired doll. Her poor dolly got an afro-puff when Jin cut off her pigtails!!! (how does that compare to "Megan" w/ her missing foot?!!)

Jin was a junior transfer student from Binghamton University. An early memory of Cornell was when she almost burnt down Balch Hall. She was sitting in her room and playing with matches when a piece of paper suddenly became a ball of fire! After blowing on it for awhile, she threw the paper out the window only to see the fire get bigger. Fortunately, it started raining.

On another note, one of the best things that happened to Jin since she has come to Cornell is accepting Jesus into her life during her junior year. She has been learning more and more about God. Her words of encouragement to us are to rejoice in all sufferings because God has given them to mold us and that everything that we go through is used to build us up. She also said that she is learning that God sometimes says "no," and it's our choice whether to accept it or fight it.

As Jin heads off from Cornell, she will miss the friendships she has made here. From each semester, she reflects by remembering the important people that have encouraged and influenced her. Jin is currently trying to discover what God has planned for her future, whether she goes to Emory University to continue her education, or if she stays here in Ithaca for another year. I hope she stays here another year!!!

Kristine Yee

by Amy Tan

After four years Kristine decided that four years of Cornell was not enough. So she decided to come back for another four! She's now a freshman in the Vet school, so you can expect to see her for a good three years more. Even though she's not really leaving Cornell we felt it appropriate to interview her just cause she's so cool. As many of you may have noticed from meeting her, Kristine is one super nice person. She appreciates being in CBS because there is so much encouragement when she's always around Christians. However she does find some downfalls in that 99% of the people she knows are Chinese, and since they're mostly all Christians many of their ideas and values are all the same, thus there is little variation.

As a graduate student Kristine can look back to her freshmen year and reflect on how she has changed. She believes that she has mellowed out a lot. Back then her emotions were constantly fluctuating and she often acted ditzy, she was once even asked if she was from California!! (EN. She is!! sorta...)

Some important advice that Kristine has for the underclassmen are, that 10 hours of sleep is optimal, um I wish. She also says to appreciate the times when you just hang out and do nothing because those are the times you'll miss a lot when you enter the real world. Never complain about wanting to meet more non-CBSers. Go out and meet non-CBSers. Make the effort to step out of your comfort zone. And finally, never feel like you don't have enough time to do stuff. Even the smallest amount of time is valuable. An example of this is her relationship with her roommate Jin. They have only known each other for a year and yet they're relationship is very strong.

So goes my interview with Kristine. Upset that you didn't get to meet her this year? Fear not, she'll be here for awhile so go look for her next year. You'll be glad to get the chance to meet her.

Livingston T. Cheng

by *Tim Feng*

If you looked up his name on the CBS web page, you would find that it says Liv Feng. This is not the truth. The truth of the matter is that his name is Liv CHENG. I bring this up because it emphasizes a point that was repeatedly made during our conversation. I DO NOT LOOK LIKE LIV. The reverse is also true. LIV DOES NOT LOOK LIKE ME! If nothing else comes through this interview, let that main fact shine true through the night. (EN. I'm not so sure.. I was confused for at least two months.) Renie also said that Liv's hair looked like Mike's. Liv doesn't agree ("I don't have a ledge!!!" he exclaimed), but they can duke that out amongst themselves. OK, on with the rest of the stuff.

Liv is a grad student here at Cornell who will be leaving after doing the whole MEng thing and going on over to the Detroit Red Wing's and betraying his Philadelphia Flyers. Well, that isn't completely true. But he is going to Red Wing territory to work. He professes his undying love for the Flyers, though, so his first love should remain true. Only five years ago he came to CBS and thought, this is kinda weird. He says this because the first person he met was Elaine. I don't know who Elaine is, but all you old people who knew her can laugh it up now.

When Liv came here as a freshman he remembers himself as being immature, and little. HAHA! As he reminisced, he recalled doing things without thinking of consequences. At the same time, though, his fondest memories here are from freshman year when he had no cares in the world. Had a lot of fun, rolled down that "huge hill" behind north (maybe they got lost on the way to the slope). That is a story in and of itself. But I don't have room. Oh, I gotta say this. One of his favorite classes here was MAE 225 because, and I quote, "It's fun, I get to design stuff". Hahaha.

Since Liv is leaving I think it is appropriate now to talk about stuff and make people cry. The thing he's going to miss the most about Cornell...the people. While we were talking about people we came to the topic of how all his friends seem to be getting married...just thought id say that! Ha. So how about some wisdom and advice from Liv? "Use your gifts to benefit the fellowship, the most rewarding times come when God is in control and He works through you", and "if you wake up in the morning and your body says no – go back

to sleep". Also, he advises everyone to learn to play golf. In looking to the future, Liv is anxious to see why God wants him in Michigan. I'm sure he'll find out soon.

Ok, I'm going too long again. I'm stopping now. Let me just say this. One thing I will always remember Liv for, last year, football, throw ball, see liv, feel liv hit me, wake up on the ground with blood all over, game over for me! He only hit me once too. But that's ok, I hope this has been enlightening for you, and good luck to Liv as he goes on to the next part of life!

Roger Lin

by *Selina Lee*

One of the first people that I met within CBS was Roger. He was the bible study leader for the "Pursuit of Holiness" (awesome book) small group. I've never seen an apartment lived in by college students before in my life and the apartments in 303 Eddy were the first ones. I got to sample an apartment lived in by both genders (Roger's and Lois'). Heehee. . Roger's was interesting. =)

In high school, I heard talk that one's spiritual life in college would go under a lot of refining and challenges. The outcome of all this would be a spiritual life so close and so reliant on God. So coming into the bible study, I felt really "inferior" to my peers who were of all classes. I was especially blown away by all the biblical and spiritual knowledge that Roger possessed. When he speaks, his words were so "oh-wow-that-makes-so-much-sense." Truly, his sharing really reflected the vast experiences he went through.

He was excited to get the small group together outside of bible study times. I remember him organizing a let's-make-dumpling-night for our bible study. When we had other gatherings (like the one at Jerome's house), he offered to drive us there. As a gesture of appreciation, he even initiated to make banana cake to bring there too! So after BG on Sunday, Renie, Roger and I went to go food shopping and returned to bake. We substituted baking soda for baking powder (or was it the other way around) and our banana bread didn't rise. It was kinda burnt too! But as a solution, the three of us covered the banana bread with chocolate frosting and slices of banana. It tasted really bad, if you dudes are interested. We had to throw it out at Jerome's

place because force-feeding the other Bible study dudes didn't work.

Besides being a leader, he also showed himself to be a brother. Over dinner (when we were supposed to go through the questions), we got really wrapped up into sharing how our spiritual walks and general life were (so we never got to the questions). When I shared with him my struggles regarding academics, missions, summer plans, and CBS, he was really supportive in listening and offering advice. A couple of weeks ago when we were ICQing, I had shared that I was struggling a lot with relationships in my life. Immediately, he called me on the phone so that we could talk over the phone. It's the little actions that adds up which makes me see how much of a heart he has to help and be supportive.

I had the privilege to take ballroom dancing with him this semester. And if you guys are wondering, yes he can dance. He's even open to many things like letting me lead instead of him and it's so fun when I make him turn and turn and turn. . .

Roger is going to be working at Computer Science Corporations in Philadelphia. The cool thing about his getting the job was that throughout the whole semester in bible study, we all prayed for Roger and Alvin's job-hunting. By about Christmas, they BOTH got offers! Roger will be living back at home for a little while before moving out and he is planning to help out his home church.

Stan Hsing-gee Wang

by Tom Liao

Spam the Ox-

Say "HI" (or shall I say "good-bye"?) to Stanley Wang, a husky 23-year-old ORIE graduate student who will be soon leaving Cornell to start a job with Kinderhook Systems in Manhattan, NY. Originally from Houston, Texas, Stan came to Cornell a MEAN boy, but since then he has learned that he's capable of nothing without God. Within the past year, he feels that God has made him more appreciative so that he stops complaining so much. Now, Stan is still a mean boy but equipped with a conscience!

From all the memories Stan shared with me, I can imagine it being hard for him to leave Cornell. He's going to miss the accountability he finds here, and the feeling of being surrounded by so many people the same age as he. He's

going to miss the nutty sundae cones from the dining halls, but hopefully he'll find his favorite ice cream flavor, Haagen-Dazs vanilla swiss almond, where he's going. He's going to miss the freshmen here, because they're all so darn cute. By now, Stan feels that he has accumulated a lot of experience to learn from, but he's still gonna miss being able to act stupid in front of his peers.

One of Stan's fondest memories took place last year when a bunch of seniors just sat down and reminisced before everyone went their separate ways. However, there is ONE moment that Stan is more than willing to leave behind. One semester, Stan had the privilege of being enrolled in Chemistry 208 when it was taught by the acclaimed Nobel Prize winner Professor Hoffman. Unfortunately, Stan never went to lecture! As a result, one fateful day Stan walked into Baker 131 and foolishly told Professor Hoffman to fetch his second prelim. Oops. (EN. it's okay.. I didn't understand it either.)

Before leaving, Stan has several pieces of advice to disperse among us: "Never date a girl 6 inches shorter than you," "Don't get sucked in," and "Wear sunscreen." Just kidding, I made up the last one. In Stan's opinion, Wines and Bowling are the two best classes to take here. As an underclassman, Stan felt that his biggest challenge was controlling his time, and now as a grad, it's a struggle being joyful even in bad times. Despite all this, Stan wants to tell the CBS underclassmen, "There's nothing to stress about, God'll take care of you." Let's pray that God takes care of Stan as he encounters the scariest/best/happiest thing in the REAL world: Independence.



LAST WILLS & TESTAMENTS

Alice Yuen:

To the notorious gang at 315 Dryden – furniture re-decorating and extra glade sprays... i dunno-who dun it?!

To all people who lived in the townhouses – months-old ramen and snowball fights, leaky bathrooms and puzzles.

To all my gal pals, esp. mel – baked goodies, smoothies, girly mags and sleepovers, vengeance will be ours one of these days...

Allen Hou – big head

Bruce Tan:

Gene: Everything Chem E that I have learnt here – won't be needing it for much longer.

Christine Liu:

Albert Cheung: the legacy of LIALC

Selina: an endless supply of poop

I, Esther LO, of in-need-of-exercise body and almost-always-there mind, will to

Paula: mouse house, forced sharing, passion & purity, and laughter

Ham: coworkers meetings, broccoli, oooooooooooooooooong hours of praying (maybe not...)

Discipleship group: group sharing, lots of goals

Big Eunice: Sage journal and Sunday brunch

Lil' Eunice: Martha Stewart/Great Wedding tips

[Hey, Molesther, You sure you wanna will these? You might need them?]

Val: my future BMW, cute guys and my friendship

Mike: my heart...

Jimmy Lin

Clement: Last brother legacy

Alan: Hot legs and big country

Skinny Joe: Setting skills

Frank: Spiking skills

Ryan: Study habits

Priscilla: The finger

Renee: US citizenship
 Fat Joe: Cumulated fat from Cornell
 Mindy: Snowboarding techniques
 Joan: Knack for sleeping
 Eric Wu: Pre-Med Stress
 Steve: EMS Prowess
 Eunice: Apologetics knowledge
 Selena: Intact ankle
 Amy: Bass voice
 Albert: Guitar skills

Jin Xu:

Mindy- a Betty Crocker Cookbook to carry on the CBS baking tradition

Priscilla & Amy- a HUGE trampoline for their inexhaustible energy

Cliff C. gold-plated, personalized Wegman's shopping cart.... 'nuff said!

Mary Yee:

Ruth-cool sister stories

Dora-my wonderful sleep schedule

Jessica-memories of living in the same Balch room

Roger's Lin:

To leave Selina all my mp3s

To leave jimmy chie all the things he's ever borrowed. =)

And to give my ultimate disk to any frosh or sophomore who wants it.

Stan Wang:

Anyone wanting – countertop, CBS microwave

Rob Lien – big mouth (not that he needs it)

Susan Wang:

To leave all her baking stuff to Mindy. =)

Valerie Kwong:

Rob and Tom Liao: someone to look as good as me in a catcher's mask, be a clutch hitter, and always be the last out!

Joe Cheung: someone to annoy you while you lead choir

Allen: dates with all the upperclass women you want!

Renie: someone to laugh with, and love and

cherish you
 Lois: someone you can make up stupid names:
 "B!", and stay up late nights with.
 Paula: another awesome choir
 Glennis: someone to have long conversations
 while going to crusades b-study.
 Priscilla: sometime to take you to the different
 restaurants in c-town...and another
 L.A. handwriting gal! :)
 Esther: 500 turtles in your apt at Dayton,
 someone to eat at Balch and RPU with
 on tuesdays
 Ham: a new purple, shimmering dress
 Susan: get NYC ready for us!



The General Dance

submitted by Melody Ou

What is serious to men is often trivial in the sight of God. What in God might appear to us as "play" is perhaps what he himself takes most seriously. At any rate the Lord plays and diverts Himself in the garden of his creation, and if we could let go of our own obsession with what we think is the meaning of it all, we might be able to hear His call and follow Him in His mysterious, cosmic dance. We do not have to go very far to catch echoes of that game, and of that dancing. When we are alone on a starlit night; when by chance we see the migrating birds in autumn descending on a grove of junipers to rest and eat; when we see children in a moment when they are really children; when we know love in our own hearts; or when, like the Japanese poet Basho we hear an old frog land in a quiet pond with a solitary splash – at such times the awakening, the turning inside out of all values, the "newness," the emptiness and purity of vision that make themselves evident, provide a glimpse of the cosmic dance.

For the world and time are the dance of the Lord in emptiness. The silence of the spheres is the music of a wedding feast. The more we persist in misunderstanding the phenomena of life, the more we analyze them out into strange finalities and complex purposes of our own, the more we involve ourselves in sadness, absurdity, and despair. But it does not matter much, because no despair of ours can alter the reality of things, or stain the joy of the cosmic dance which is always there. Indeed, we are in the midst of it, and it is in the midst of us, for it beats in our very blood, whether we want it to or not.

Yet the fact remains that we are invited to forget ourselves on purpose, cast our awful solemnity to the winds and join in the general dance.

-Thomas Merton

Wow, it's been...

by Hamilton Ho

... four years in Ithaca and I'm still smiling =). God has blessed me and taught me so much here. In a lot of ways I feel like a totally different person than when I came in as a freshman. (of course in some ways I'm pretty much the same...) I wanted to use this article as a sort of summary of the past 4 years. What is the most important thing that God has done for me? He's given me the ability to love. Not only simply to love other people, but more importantly to love Him, my creator and my savior. Maybe that's why the two greatest commandments are to love God and to love your neighbor. In Matthew 22 Jesus says, "Love the Lord your God with all your heart and with all your soul and with all your mind." And to "Love your neighbor as yourself." Hmm, ok, love, that sounds simple enough. But you have to wonder why Jesus specifically mentioned the categories of your heart, your soul, your mind. And what exactly does it mean to love your neighbor?

Love the Lord your God with all your heart. A person's heart represent a person's entire being. God wants us to love Him with our entire being. He wants it all. This includes our academics, our futures, our relationships,

"God wants us to love Him with our entire being. He wants it all."

"Our passion should be God. We have to be passionate people."

our reputation, our service, our security. In order for us to give everything, we must have nothing. Jesus said, "If anyone would come after me, he must deny himself and take up his cross and follow me. For whoever wants to save

his life will lose it, but whoever loses his life for me will find it" (Matt. 16:24-25). When I think of the image of a person carrying a

cross, I don't see him carrying anything else besides his cross. He needs his entire body to be supporting the cross. In the same way, if we are trying to hold on to things other than our cross, then we will fail at carrying our cross. For me, I find that when I am holding on to something, it is usually something I stress out about. Sometimes it's my future, sometimes it's my grades, sometimes it's even CBS. When we are stressing out, it's because we are not giving them over to God. Again, He wants it all.

Love the Lord your God with all your soul. When I think of a person's soul, I

think of their passion. Our passion should be God. We have to be passionate people. Now, I know you're thinking, "Hamilton, we can't be passionate. We're Asian, we never reveal our emotions." This passion is more than a mere outward expression of excitement for God. It should be our driving force. Paul says it well in Philippians, "For to me, to live is Christ and to die is gain. If I am to go on living in the body this will mean fruitful labor

for me" (Phil. 1:21-22). Paul saw no other reason for living other than to serve God and to be fruitful. How do we become passionate? I think a large part of it involves each other. The author of Hebrews says, "And let us consider how we may spur one another on toward love and good deeds" (Heb

10:24). It's a lot easier to have passion when you have fellow brothers and sister encouraging you along the way and sometimes kicking you in the butt to run harder. We each need a person who will speak truth to us, but at the same time will give us grace.

Love the Lord your God with all your mind. God wants control of our thought life. What are things that often consume our minds? Do we spend more time worrying about our problem sets than meditating on the Word? Paul's letter to the Colossians calls us to "Set your minds on things above, not on earthly things" (Col. 3:2). God calls us to keep an eternal perspective. Let's look back at Christ's command for us to carry up our cross. Another point to realize is that a criminal that was carrying his cross to his execution no longer had a future in this world. We too are not of this world; we are aliens of this world and our home awaits us. Yet why do we persist on clinging on the things of this world? Why is our joy so often dictated

"Yet why do we persist on clinging on the things of this world? Why is our joy so often dictated by our prelim grades, by our significant other (or lack thereof), by our successful internships and jobs."

by our prelim grades, by our significant other (or lack thereof), by our successful internships and jobs. It is because we are afraid. We are afraid of being left alone. We are afraid of being laughed at. We are afraid of failure. But we can find assurance in the Bible. Will not our

God "who did not spare his own Son, but gave him up for us all - how will he not also, along with him, graciously give us all things?" (Rom. 8:32).

Finally the second greatest commandment, "Love your neighbor as yourself." When I think of loving my neighbor, I immediately think of Mr. Rogers. Mr. Rogers is a nice guy. He says "hi" to the mailman, feeds his fish, and likes to walk around the neighborhood. Just as Romans says we are more than conquerors, I say that we should be more than Mr. Rogers. God wants us not only to be nice guys (and gals) but also to express our

"...how often do we give to others to a point where we make a sacrifice on our part?"

love through our actions. 1 John says, "If anyone has material possessions and sees his brother in need but has no pity on him, how can the love of God be in him?" (1 John 3:17). There are times where it is easy to help someone out and a no-brainer, e.g. if you lend someone a buck to buy a Snapple. However, what if that was our last dollar that we were planning to do our laundry with? In

other words, how often do we give to others to a point where we make a sacrifice on our part? I remember this one time this semester I was caught in the rain on the way to lunch. I standing in line at the Ivy Room for a sandwich and I saw a Christian brother also waiting in line who saw me wet from the rain. And the neat thing is that he offered me *his* umbrella. In other words, he sacrificed his dryness so that I could be dry. Loving our neighbor as ourselves means to ask the question, "What would make me happy if I was in that person's shoes?" When I was wet in the Ivy Room, I would have been happy to have an umbrella to keep me dry outside. Of course, we shouldn't be living our lives just to make other people happy. But then again, I don't think many of us fall into that category.

This is all easier said than done. But I think loving ourselves includes realizing that we are saved by grace, realizing that there is now no condemnation for those who are in Christ Jesus, realizing that God loves us more than we can ever imagine. ♦



"and when he had given thanks, he broke it and said, "This is my body, which is for you, do this in remembrance of me." In the same way, after supper he took the cup, saying, "This cup is the new covenant in my blood; do this, whenever you drink it, in remembrance of me."

1 Corinthians 11:24-25

I am the Bread of Life.

**He who comes to me will never go hungry,
and he who believes in me
will never be thirsty.**

John 6:35 NIV